



**RAK Medical and Health Sciences University**  
**RAK College of Nursing**

**List of research done in the past 10 years (annually) by: MSN Students, Research Topics, faculty supervisors conducted in various MOHAP Hospitals & PHC'S, SEHA/HAAD Hospitals, DHA Hospitals & PHC'S of UAE and not yet published.**

S.No.	Topic / Areas & Student name	Department / Program / Faculty Research Supervisor	Academic Year
1.	“Comparison of quality of life of patients with type II diabetes mellitus among Emirati and non-Emirati” <b>Ms. Amal Mohammed</b>	<b>Adult Health Nursing Dept. Dr. Premila Lee</b>	2012-2013
2.	“Effectiveness of nurse initiated education on anxiety and knowledge of patients undergoing CABG” Ms. Ambily Baburaj	<b>Adult Health Nursing Dept. Dr. Suja karkada</b>	2012-2013
3.	Amna M.S. Abu Mustafa “Burnout among nurses”	<b>Adult Health Nursing Dept. Dr. Suja Karkada</b>	2012-2013
4.	Asma Rashed Al Mazroui “Nurses knowledge and attitude regarding pain management”	<b>Adult Health Nursing Dept. Dr. Premila Lee</b>	2012-2013
5.	Bobit Jose “Comparison of intermittent and continuous nasogastric tube feeding on the selected Parameters in critically ill patient”.	<b>Adult Health Nursing Dept. Dr. Vijaya Kumaradhas</b>	2012-2013
6.	Fatema Mohammed Ali Al Mesafri	<b>Adult Health Nursing Dept.</b>	2012-2013

	“Functional disability among senior citizens”	<b>Dr. Faiza Ahmed</b>	
7.	Iman Nemer Salmi “Nurses opinion on use of electronic health records”	<b>Adult Health Nursing Dept. Dr. Premila Lee</b>	2012-2013
8.	Mouza Saeed Mohammed Saeed “Health care professionals’ perception on interdisciplinary collaboration”	<b>Adult Health Nursing Dept. Dr. Premila Lee</b>	2012-2013
9.	Sonia Cherian “Quality of life on hemodialysis patients”	<b>Adult Health Nursing Dept. Dr. Maryam Akbari</b>	2012-2013
10.	Sonia Cherian “Effect of education related to oral care practices on nurses’ knowledge, practice and clinical outcomes of mechanically ventilated patients”	<b>Adult Health Nursing Dept. Dr. Suja Karkada</b>	2012-2013
11.	Suleman Shah “Moral distress among the staff nurses in Ras Al Khaimah Hospitals, United Arab Emirates”	<b>Adult Health Nursing Dept. Dr. Arnel Banaga Salgado</b>	2012-2013
12.	Wadha hamdan Mohammed AlHebsi “Attitude and practice regarding self-care among patients with diabetes mellitus type-II”	<b>Adult Health Nursing Dept. Dr. Vijaya Kumaradhas</b>	2012-2013
13.	Fatema Mohammed Al Hebsi Perception of health education needs of patients with Myocardial Infarction	<b>Adult Health Nursing Dept. Dr. Shukri Adams</b>	2013-2014
14.	Nisha Binoy Effectiveness of video assisted teaching on smoking among laborers	<b>Adult Health Nursing Dept. Dr. Suja Karkada</b>	2013-2014
15.	Minjo Robin Prevalence and Knowledge of obesity among women in child bearing age	<b>Adult Health Nursing Dept. Dr. Premila Lee</b>	2013-2014
16.	Divya John Sleep disturbances and associated practices in hospitalized patients	<b>Adult Health Nursing Dept. Dr. Maryam Akbari</b>	2013-2014

17.	Swapna Soman Caregivers burden of hospitalized elderly dependent patients	<b>Adult Health Nursing Dept. Dr. Vijaya Kumaradhas</b>	2013-2014
18.	Bindu Appu Anxiety level of the immediate family members of critically ill patients	<b>Adult Health Nursing Dept. Dr. Arnel Banaga Salgado</b>	2013-2014
19.	Asma Mohamed Ahmed Bin Kalban Assist the level of self esteem among staff nurses working in medical and surgical wards	<b>Adult Health Nursing Dept. Dr. Maragatham</b>	2014-2015
20.	Mehad Mohamed Ahmed Araki El Bakheit Quality of life of caregivers of patients with cancer	<b>Dr. Rekha Ogale Community Health Nursing Dept.</b>	2014-2015
21.	Suja Kunjachen Susan Stress among mother with preterm baby admitted n NICU	<b>Pediatric Nursing Dr. Prema K.</b>	2014-2015
22.	Kunjamma Abraham Knowledge, attitude and practice of mothers on complimentary feeding in RAK, UAE	<b>Pediatric Nursing Dr. Shukri Adams</b>	2014-2015
23.	Ms. Sindhu Joshy Sindhu Joshy Perception regarding psychosomatic disorder among nurses working in Ministry of Health Hospitals, RAK , UAE	<b>Psychiatric Mental Health Nursing Dept. Dr. Prema Krishnan</b>	2015-2016
24.	Ms. Hana Dahir Ismail Quality of Life of Patients with Bronchial Asthma, Ras Al Khaimah, United Arab Emirates”	<b>Dr. Rekha Ogale Community Health Nursing</b>	2015-2016
25.	Ms Mili Mathai Perception regarding Mental Health and Mental Illness among Nurses working in Hospitals, RAK,UAE	<b>Psychiatric Mental Health Nursing Dept. Dr. Prema Krishnan</b>	2015-2016
26.	Ms Ghadir Ziad Al Chaleh Quality Of Life Of Patients With Arthritis	<b>Dr. Priyalatha Adult Health Nursing Dept.</b>	2015-2016
27.	Ms. Basmah Mohammed Hussein Kahafa General health of ambulatory care nurses.	<b>Adult Health Nursing Dept. Dr. Maragatham Kannan</b>	2015-2016

28.	Ms. Sado Yousuf Omar Gelle  Knowledge, Attitude and Practices of Breastfeeding among Lactating Mothers, Ras Al Khaimah, United Arab Emirates	<b>Community Health Nursing Dept.</b>  <b>Dr. Rekha Ogale</b>	2015-2016
29.	Ms. Maitha Ebrahim Obaid Saeed Al Mheiri  Workplace Violence Among Nurses Working In Selected Hospitals In Ras Al Khaimah, United Arab Emirates (UAE)	<b>Adult Health Nursing Dept.</b> <b>Dr. Shukri Adam</b>	2015-2016
30.	Mr. Jamil Ahmed  Depression among nurses working in the hospitals of Ras Al Khaimah	<b>Psychiatric Mental Health Nursing Dept.</b> <b>Dr. Vijaya Kumardhas</b>	2015-2016
31.	Ms. Saumya Jagadeesh  Effectiveness of planned teaching on application of Braden scale in terms of knowledge & skill among nursing assistants	<b>Adult Health Nursing Dept.</b> <b>Dr. Maragatham Kannan</b>	2015-2016
32.	Ms. Hadil N. Z Dawwas  Burdens of caregivers for the mentally challenged children in Ras Al Khaimah, UAE	<b>Psychiatric Mental Health Nursing Dept.</b> <b>Dr. Vijaya Kumardhas</b>	2015-2016
33.	Ms Suja George  Level of perception of nurses regarding their workplace climate	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing Dept.</b>	2015-2016
34.	Ms. Sameera Sulaiman Ghuloum Redha  Job Satisfaction among Nurses Working at Primary Healthcare center in Ras Al Khaimah, United Arab Emirates	<b>Community Health Nursing Dept.</b> <b>Dr. Shukri Adam</b>	2015-2016
35.	Maryam Rashed Abdulla Almansoori  Knowledge and attitude of premarital couples attending Ras Al Khaimah Health Centre towards prevention of thalassemia	<b>Dr. Rekha Ogale</b>  <b>Community Health Nursing Dept.</b>	2016-2017
36.	Mariam Obaid Saeed Al Shambili Al Naqbi  Knowledge & practices of patients with type 2 diabetes towards prevention of complications	<b>Dr. Rekha Ogale</b>  <b>Community Health Nursing Dept.</b>	2016-2017
37.	Azmi Omar Abdel Qader Al Horani  Effectiveness of a structured educational intervention program on knowledge and health	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing Dept.</b>	2016-2017

	compliance among dialysis patients at Madinat Zayed Hospital (MZH), Abu Dhabi-UAE.		
38.	Sultan Nayif Sultan  Effectiveness of an educational program on knowledge regarding early recognition of Heart Attack and CPR among Dubai police trainees	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing Dept.</b>	2016-2017
39.	Abdelrahman (Mohd Mamoun) A. Alkilani  Effectiveness of Triage Revised Trauma Score (TRTS) awareness program on the knowledge and practice among ambulance nurses	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing Dept.</b>	2016-2017
40.	Ayat Mousa Ab Younis  Effectiveness of health education on knowledge about menstruation among adolescent girls in selected governmental schools, Umm Al Quwain, United Arab Emirates	<b>Pediatric Nursing Dept.</b> <b>Dr. Prema Krishnan</b>	2016-2017
41.	Hind Hashem Mohammed  Effectiveness of Structured Teaching Program on Knowledge among Teachers Regarding Adolescent Obesity at selected school, Ajman, UAE	<b>Pediatric Nursing Dept.</b> <b>Dr. Prema Krishnan</b>	2016-2017
42.	Ruqaya Ahmed Hussain Ahmed Al Shehhi  “The effect of proactive patient rounding on patient satisfaction in surgical units”	<b>Dr. Arnel Balgado</b>	2016-2017
43.	Fatima Mustafa Mohammed Al Ali  Knowledge, Attitude and use of folic acid among women of child-bearing age on preventing birth defect in United Arab Emirates	<b>Community Health Nursing Dept.</b> <b>Dr. Shukri Adams</b>	2016-2017
44.	Zalikha Ahmed Haroun Al Blooshi  “Effectiveness Of Structured Teaching On Knowledge And Practice Towards Road Safety Rules And Regulation Among Al Hemham & Al Jawda High School Students In Ras Al Khaimah”	<b>Community Health Nursing Dept.</b> <b>Dr. Shukri Adams</b>	2016-2017
45.	Suaad Awadh Reda Hasan  Perception and Attitude of Nurses Toward Mentally Ill Patients at Al Amal Psychiatric Hospital - Dubai, United Arab Emirates	<b>Dr. Azza Saad Zaghoul</b> <b>Psychiatric Mental Health Nursing</b>	2016-2017

46.	Mariam Abdellqadir Shambah  Knowledge, Attitude and Practice of Family Centered Care Among Pediatric Health Care Professionals in Ajman –UAE	<b>Dr. Azza Saad Zaghloul</b>  <b>Psychiatric Mental Health Nursing</b>	2016-2017
47.	Mohammad Hussein Shehadeh  Knowledge and Attitude of staff nurses working in Sheikh Khalifa medical city - Behavioral Pavilion towards drug addiction clients	<b>Psychiatric Mental Health Nursing</b> <b>Dr. Vijaya Kumardhas</b>	2016-2017
48.	Mousa Buti Humaid Salem Aqaif Al Shamsi  Knowledge and attitude of family caregivers towards care of children with Autism in Al Ain Autism Center	<b>Psychiatric Mental Health Nursing</b> <b>Dr. Vijaya Kumardhas</b>	2016-2017
49.	Sondos Ibrahim Abdel Rahman Jarrad  Assess occupational stress & Coping strategy among nurses in Emergency department	<b>Adult Health nursingr.</b> <b>Dr. Maragatham Kannan</b>	2016-2017
50.	Haibah Saif Dhahi Bin Tamim Al Mheiri  Effect of planned teaching on pre-operative fear among the patients in Fujairah Hospital	<b>Adult Health Nursing Dept.</b> <b>Dr. Maragatham Kannan</b>	2016-2017
51.	Ms. Amna Ali Obaid Almulla  Stress Among Nurses Working In The Psychiatric Settings of Ministry of Health And Prevention (MOHAP) Hospitals, UAE	<b>Psychiatric Mental Health Nursing</b> <b>Dr. Vijaya Kumardhas</b>	2017-2018
52.	Ms. Zainab Hashim Al Ali  Knowledge and Self-Reported Practice on Foot Care Among the Newly Diagnosed Patients With Type 2 Diabetes In Selected Primary Health Centers, Ras Al Khaimah	<b>Adult Health nursing</b>  <b>Dr. Maragatham Kannan</b>	2017-2018
53.	Ms. Fatema Abdulla  Effectiveness Of Structured Teaching Program on Knowledge and Practices Regarding Prevention of Urinary Tract Infection Among Female Adolescents	<b>Dr. Arnel Banaga Salgado</b>	2017-2018
54.	Ms. Resmi S. Nair  A Study to Asses the Effectiveness of Selected Nursing Intervention on Level of Pain During The	<b>Pediatric Nursing</b>  <b>Dr. Sneha Pitre</b>	2017-2018

	Hell Stick Prick Among the Babies Admitted in NICU of Dibba Hospital		
55.	Ms. Khulood Ali Ahmed Ali Almulla Al Shehhi  Effectiveness of Structured Education on Knowledge and Practices of Caregivers on Prevention of All Among Elderly at Home, Ras Al Khaimah, United Arab Emirates	<b>Community Health Nursing</b> <b>Dr. Shukri Adam</b>	2017-2018
56.	Ms. Nadia Ahmed Quasim  Psychiatric Nurses Knowledge and Practice Towards Medication Non Adherence in Schizophrenic Clients In MOHAP, UAE	<b>Psychiatric Mental Health Nursing</b> <b>Dr. Vijaya Kumardhas</b>	2017-2018
57.	Ms. Slmaa Saeed Almeqbaali  Triggering Factors Requiring Nebulization Among Children Visiting Umma Al Quwain Primary Health Centers In View of Preparing SIM (Self Instructional Material) For The Common Factors	<b>Pediatric Nursing</b>  <b>Dr. Sneha Pitre</b>	2017-2018
58.	Mr. Mohammad Hatem Mahmoud  The Effectiveness of Training Program On The Knowledge And Performance Regarding Cardiopulmonary Resuscitation (CPR) And Automated External Defibrillator (AED) Among Secondary School Students Of Selected School In Dubai	<b>Adult Health Nursing</b>  <b>Dr. Maragatham Kannan</b>	2017-2018
59.	Ms. Amnah Gareib Obaid Sanquour Al Mazroei  Knowledge, Attitude, And Self-Care Behavior Of Patients With Type 3 Diabetes Towards Compliance To Therapeutic Regimen, Ras Al Khaimah, UAE	<b>Community Health Nursing</b>  <b>Dr. Shukri Adam</b>	2017-2018
60.	Ms. Fatma Ali Hamdan Saeed  Self-Perceived Leadership Styles And Its Impact On Job Involvement Among Nurses	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing</b>	2017-2018
61.	Mr. Naveed Atif  Perception And Attitude Regarding Interdisciplinary Approach Of Care Among Health Care Team Members In Ras Al Khaimah, United Arab Emirates	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing</b>	2017-2018
62.	Ms. Iman Mohamed Blata	<b>Dr. Azzad Saad Zaghoul Elsayed</b>	2017-2018

	A Descriptive Study on Students' Self-Esteem And Eating Disorders Among University Students In Ras Al Khaimah – United Arab Emirates	<b>Psychiatric Mental Health Nursing</b>	
63.	Ms. Badreya Ebrahim Ahmed Al Sam Al Shehhi  Mothers Perspectives On The Effect Of Digital Technology On Health And Well Being Of The Children In Ras Al Khaimah, United Arab .Emirates	<b>Dr. Rekha Ogale</b>  <b>Community Health Nursing</b>	2017-2018
64.	Ms. Amna Ali Saif Al sheimili  University Students Perspectives on Effect Of Junk Food and Energy Drinks on Health, Ras Al Khaimah, United Arab Emirates	<b>Dr. Rekha Ogale</b>  <b>Community Health Nursing</b>	2017-2018
65.	Mrs. Shally Joji  Perception Of Stigma Towards Mental Illness Among Health Care Providers and General Population In Ras Al Khaimah: A Comparative Study	<b>Dr. Azza Saad Zagloul'</b>  <b>Psychiatric Mental Health Nursing</b>	2017-2018
66.	Ms. Amal Helal Mohamed Ahmed Aldarmaki  Prevalence Of Obese Nurses And The Lifestyle Practices	<b>Dr. Arnel Banaga Salgado</b>	2017-2018
67.	Wedad Nemr Ibrahim Salmi  Effectiveness of an intervention programme in reducing parents stress in hospitalized children in selected hospitals in Ras- Al khaimah	<b>Pediatric Nursing</b>  <b>Dr. Victoria Hanson</b>	2017-2018
68.	Huda Mohammed Ali  Effectiveness of home caregivers teaching program on prevention of decubitus ulcer in bedridden elderly patients	<b>Dr. Rekha Ogale</b>  <b>Community Health Nursing</b>	2018-2019
69.	Sharifa Mohammed Ali Al Balushi  Effect of Neonatal Massage on weight gain, Physical and Behavioral responses among Preterm babies in selected hospital in Fujairah, UAE	<b>Dr. Victoria Hanson</b>  <b>Pediatric Nursing</b>	2018-2019
70.	Eiman Habeeb Abdullah Al Zaabi  Knowledge and Practices of Newborn Care Among Primipara Mothers in Selected Hospitals	<b>Dr. Sneha Pitre</b>  <b>Pediatric Nursing</b>	2018-2019
71.	Fatmah Rashed	<b>Dr. Rabab G. Abd El-Kader</b>	2018-2019



	Effect of Breast Self-Examination Training Program on Knowledge and Practice of the Working Women in Selected Primary Health Centers		
72.	Safiaya Uk  Effect of watching animated cartoon film on level of pain and anxiety during venipuncture among children	<b>Dr. Sneha Pitre</b>  <b>Pediatric Nursing</b>	2018-2019
73.	Pushpa Thomas John  Maternal needs and priorities in neonatal intensive care environment	<b>Dr. Sneha Pitre</b>  <b>Pediatric Nursing</b>	2018-2019
74.	Taliaa Mohsen Qasem  Perceived occupational hazards among nurses in selected hospitals	<b>Adult Health Nursing</b> <b>Dr. Vijaya Kumardhas</b>	2018-2019
75.	Safarmol KV  Prevalence and risk factors influencing varicose vein among the nurses working in selected hospitals	<b>Adult Health Nursing</b> <b>Dr. Vijaya Kumardhas</b>	2018-2019
76.	Salhah Tareh Ahmed Al Iseraidi  Perceptions of United Arab Emirates (UAE) Nurses on the Impact of Primary Health Centers (PHCs) Accreditation on Quality of Care	<b>Community Health Nursing</b> <b>Dr. Shukri Adam</b>	2018-2019
77.	Huda Abdulla Ali Alhebsi  College student's perception regarding cigarette smoking and tobacco use	<b>Community Health Nursing</b> <b>Dr. Shukri Adam</b>	2018-2019
78.	Steffi Babu  Quality of life patients with Myocardial Infarction	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing</b>	2018-2019
79.	Fathia Mohamed Dawoud Almaazmi  Quality of life of patients before and after a bariatric surgery	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing</b>	2018-2019
80.	Hessa Abdulqader Ibrahim Mohammed  Cross-Sectional Study of Obsessive-Compulsive Traits Prevalence among University Students.	<b>Dr. Azza Saad Zagloul</b>  <b>Psychiatric Mental Health Nursing</b>	2018-2019
81.	Halima Saeed Hamdan Al Abdouli	<b>Psychiatric Mental Health Nursing</b>	2018-2019

	Effects of Stress Reduction Educational Sessions on 1st year University students	<b>Dr. Azza Saad Zaghloul</b> <b>Psychiatric Mental Health Nursing</b>	
82.	Asma Ali Ershood Alkhanbooli Alshehhi Needs assessment of community for home visit in RAK.	<b>Community Health Nursing Dr. Vijaya Kumardhas</b>	2019-2020
83.	Maryam Saeed Abdulla Nahhouh Alshehhi Knowledge, attitude and practice regarding anemia among antenatal women in RAK PHCs	<b>Community Health Nursing Dr. Vijaya Kumardhas</b>	2019-2020
84.	Kamal Essam Kamal Effectiveness of planned teaching program on prevention of peripheral venous catheter complications among the hospitalized patients at selected hospital in Dubai, UAE.	<b>Dr. Rekha Ogale</b> <b>Community Health Nursing</b>	2019-2020
85.	Blessy Mariam Koshy Effectiveness of structures teaching program on knowledge of mothers on prevention of upper respiratory tract infection among children in selected hospital of Ras Al Khaimah, UAE	<b>Dr. Rekha Ogale</b> <b>Community Health Nursing</b>	2019-2020
86.	Israa Am Abuijlan The effect of educational program on the cultural competency of nurses in government hospital, UAE.	<b>Adult Health Nursing Dr. Rose Ilesanmi</b>	2019-2020
87.	Layla Saif Ali Lemshourab Alhebsi Challenges OF Electronic Health Records among community Nurses in selected Primary Health Center :Supervisor and guidance	<b>Community Health Nursing</b> <b>Dr. Shukri Adam</b>	2019-2020
88.	Mozah Mohamed Saleh Abdullah Social media usage and academic performance among RAKHSU students	<b>Community Health Nursing</b> <b>Dr. Shukri Adam</b>	2019-2020
89.	Latifa Mohamed Saleh Quality of sleep and academic performance among the students in a selected university in Ras al Khaimah	<b>Community Health Nursing Dr. Rabab Gad</b>	2019-2020
90.	Ameena Mohamed Sayed	<b>Pediatric Nursing</b>	2019-2020

	Effectiveness of a Planned Teaching Program on knowledge regarding prevention of accidents among mothers of toddlers reporting in Saqr Hospital, RAK	<b>Dr. Sneha Pitre</b>	
91.	Rawya Ahmed Ali Alaraj  Psychological health problems faced by patients with Type II Diabetes attending OPD in selected hospital, RAK, UAE	<b>Community Health Nursing</b>  <b>Dr. Arnel Banaga Salgado</b>	2019-2020
92.	Samira Mohamed Saleh  Nurses knowledge and management if anxiety on hospitalize children in Fujairah hospital	<b>Dr. Azza Saad Zaghoul</b>  <b>Pediatric Nursing</b>	2019-2020
93.	Khadija Mohamad Ali Nasser  The effect of social skill training on the communication ability of autistic children	<b>Dr. Azza Saad Zaghoul</b>  <b>Pediatric Nursing</b>	2019-2020
94.	Fatima Musabbeh Khalifa  Effectiveness of art therapy on pain perception among post - operative patients	<b>Dr. Priyalatha</b>  <b>Adult Health Nursing</b>	2019-2020
95.	Sabah Mohamed Saleh Abdulla  Effectiveness of structured teaching program on knowledge related management of tantrum tears and temper in toddlers among mother of children admitted in Pediatric units of Saqr hospital	<b>Pediatric Nursing</b>  <b>Dr. Sneha Pitre</b>	2019-2020