

Curriculum Vitae



Priyalatha Muthu, PhD., RN.

Citizenship: Indian

Languages: English, Hindi, Malayalam, Tamil

Address

(Work): RAK College of Nursing, RAK Medical & Health Sciences University
P.O Box 11172
Ras Al Khaimah, UAE

(Home): flat no: 202, building 6
Yasmin Village, Al Feleyah – Ras Al Khaimah

Phone number

Mobile: 0528924316

Office: + 286 ext.

E-mail- priyalatha@rakmhsu.ac.ae

EDUCATION

2014 Ph.D. in Nursing, The Rajiv Gandhi University of Health Sciences – Karnataka (under Indian Nursing Council & WHO consortium) India,

Thesis: To assess the effectiveness of a structured cardiac rehabilitation program on knowledge regarding self-care activities, quality of life, stress, and coping among patients undergoing cardiac surgery at a selected Hospital in Bangalore

2004 **MSc Nursing** - College of Nursing: Christian Medical College and Hospital, Vellore – Tamil Nadu India,

1992 **BSc Nursing** - College of Nursing: Christian Medical College and Hospital, Vellore – Tamil Nadu India.

WORK EXPERIENCE

Currently

- June 2022 till date: RAKCON, RAKMHSU – Ras Al Khaimah – UAE, as **Program Director and Associate Professor**
- October 2014 till 2022: RAKCON, RAKMHSU – Ras Al Khaimah – UAE, as **Assistant Professor**
- October 2012- 2014: RAKCON, RAKMHSU – Ras Al Khaimah – UAE, as **Senior Lecturer**

Past experience

- March 2006 - March 2012: Narayana Hrudayalaya College of Nursing – Bangalore, India as **Professor and HOD**
- March 2005 - March 2006: T John College of Nursing - Bangalore, India as **Vice Principal and Acting Principal**
- March 2004 – March 2005: Narayana Hrudayalaya College of Nursing – Bangalore, India as **Acting Principal**
- March 2000- March 2002: D. G Hospital – Bangalore, India as **Nursing Superintendent**
- March 1998- March 2000: Mallya Hospital – Bangalore, India as senior **Staff Nurse & acting in-charge**
- March 1995-March1996: Christian Medical College – Vellore, India as **Tutor**
- March1993-March1995: Christian Mission Schools of Nursing Mysore – India, as **Tutor**
- March 1992- March 1993: Christian Medical College – Vellore, India as **Staff Nurse**

Administrative experience

- Nursing superintendent - 2 years
- Senior Lecturer – 2 years
- Vice Principal and acting principal – 3 years
- Professor & HOD – 8 years
- Assistant professor – 8 years
- Associate Professor – 3 years (since 2022 till date)
- Director of Master's program – 2 years (since 2020 till date)

PROFESSIONAL CERTIFICATION AND MEMBERSHIPS:

- Sigma Theta Tau – Phi Gamma chapter member till December 2025
- Understanding Clinical Research: Behind the Statistics, an online non-credit course authorized by the University of Cape Town, Sep 25, 2024
- Member of Licensure Committee – Nursing & Midwifery Council of UAE (till 2021)
- Member of TNAI (Trained Nurses Association of India) Lifetime
- Member of NRSI (National Research Society of India) Lifetime
- External examiner for PhD thesis for The Tamil Nadu Dr. M.G.R. Medical University, Chennai
- External examiner for PhD thesis for Yenepoya Deemed to be University, Mangalore, Karnataka
- External examiner for PhD thesis for AIIMS Cochin, Kerala, India
- Assessor/auditor course by NABH (Quality Council of India)-2011
- Counseling psychology course, Emmaus Counseling Services, Chennai, India, 2009

PUBLICATIONS:

- Koodathingal, M., Haniya, K., Kumar, N. A., Parveen, A., Goud, M., Muthu, P., Kar, S. S., & Nair, M. A. (2025). Understanding the bariatric surgery: Conceptions and misconceptions in future health care professionals. New Emirates Medical Journal, 2025, Volume 05. DOI: [10.2174/0102506882363925250123053853](https://doi.org/10.2174/0102506882363925250123053853)
- Nair, M.A., Muthu P, Abuijlan, I.A.M. The effectiveness of high-fidelity simulation on clinical competence among nursing students. SAGE Open Nursing. 2024, 10, 1–9. DOI: 10.1177/2377960824124935
- Rogelio Silverio; Hussam Al Nusair; Priyalatha; Mariezl Fonbuena; Norodom Oidem; Aravela Buenagua; Sangeetha Sreenadh Investigation of the perceptions of operating theatre nurses and central sterile supply department technicians regarding the barriers and facilitators of surgical instrument counts and tray management in the operating theatre. Perioperative Care and Operating Room Management., 2024-06 | DOI: 10.1016/j.pcorm.2024.100378
- Abuijlan, I.A.M., Muthu, P., Avinash, M.N Nurses' Experience and Perceived Challenges of Using Nonpharmacological Pain Interventions for Musculoskeletal Pain: A Qualitative Study. SAGE Open Nursing, 2023, 9. DOI: [10.1177/23779608231215600](https://doi.org/10.1177/23779608231215600)
- Edwin Vimala, Ravi Kundayi Ramya, Muthu Priyalatha, Factors Influencing Adherence to Standard Precautions among Nursing Students: A Self-report Study, UAE, New Emirates Medical Journal 2023; 4(1): e030723218377. <https://dx.doi.org/10.2174/0250688204666230703125527>

- Roussia S, Muthu P, Ilesanmi RE. Self-care Management in Heart Failure Using Roy Adaptation Theory-guided Intervention in the United Arab Emirates. SAGE Open Nursing. 2023;9. doi:10.1177/23779608231160484
- Annie Rosita, Priyalatha Muthu, Charles R Dawson. The Facilitating Factors and Barriers for Nurses, to Utilize the Screening Services for Cervical Cancer in Tertiary Hospital of South India, International Journal of Nursing Education, Vol. 15, No. 1, Jan 2023.
- Priyalatha Muthu, Jeannette Jorge Obal. Perceived stress among patients with Thalassemia attending selected thalassemia centers in UAE, IOSR-JPBS, Volume 17, Issue 3 Ser. I, May. –June. 2022: 17-23.
- Priyalatha Muthu, Fatima Musabeh Khalifa Alghafli. Effectiveness of Art Therapy on Pain Perception among Post- Operative Patients in Orthopedic wards of Selected Hospitals, UAE, P J M H S Vol. 16, No.01, Jan 2022 :1183- 1186
- Priyalatha Muthu, Vimala Edwin, Vijaya Kumardhas, Sally, Professional Self-Concept among Student Nurse Post-Operative Research & Method in Education, Volume 11, Issue 3 Ser. IV, May – June 2021: 18-21
- Sneha Pitre, Victoria Hanson, Priyalatha Muthu, Eman Abdelaziz Ahmed Rashad Dabou. Cross-Sectional Study to Assess Attitude of Faculty Toward E- E-learning Education in RAK Medical and Health Sciences University, UAE Psychology and education, Volume 2, Issue: 58, April 2021: 7399 - 7408
- Priyalatha Muthu, Effectiveness of an awareness program on knowledge regarding anemia among school-going adolescent girls, IOSR Journal of Nursing and Health Science, Volume 9, Issue 5 Ser. VI, Sep. – Oct. 2020:01-05.
- Priyalatha Muthu, Huma Zaidi, Manju A Nair, Interpersonal communication competency among UG nursing students, Journal of Research & Method in Education, Volume 8, Issue 3 Ver. I, May – June. 2018: 55-58
- Britty J, Priyalatha Muthu. Effectiveness of an awareness Programme in increasing knowledge of and influencing attitudes towards human immunodeficiency virus and acquired immunodeficiency syndrome among school-going children. Hamdan Medical Journal; 7(2): 2014.
- Thelly A S, Priyalatha Muthu. A Qualitative Study to Assess the Lived Experience of Cancer Patients and their Family Members in a View to Develop a Palliative Care Guideline for the Nursing Personnel at Selected Hospitals in Bangalore, International Journal of Nursing Education, 5(2): 7-11;2013.

- Priyalatha Muthu. Quality of life and its association with selected variables in diabetic patients from two Indian cultural groups, IJCNE, 14(1): 31- 36, Jan- June;2013
- Anu Thelly, Priyalatha Muthu. Compassion Fatigue. KNF, 7(3): 31- 35, July 2012.
- Jamuna BS & Priyalatha Muthu. Pulmonary thromboembolism: a case presentation. JCNE; 13(2): 17- 23, Dec 2012.
- Priyalatha Muthu. Critical thinking models in nursing. RGUHS J Nursing Sciences vol 2, no 1, June 2012.
- Priyalatha Muthu. Anxiety and depression among post-MI survivors. NNT volume 7, no 7, sept 2011
- Priyalatha Muthu. An experimental study to assess the effectiveness of vibratory foot massage therapy on pain among CABG patients. KNF volume 5, no 3, Sept 2010.

Submitted and Under Review

- Competency frameworks in nursing practice: A concept analysis
- Perceptions of Nursing Students Towards Their Profession: A Mixed Methods Study
- Empathy among nursing students: a cross-sectional survey
- Exploring Transformative Trends in Nursing Education: A UAE Perspective

Papers in process

- Impact of a combined computerized cognitive and Physical training program on functional and Cognitive Abilities of Older Adults in the UAE
- Developing and Integrating Nurse-Led AI Chatbots to Enhance Postoperative Outcomes Among Arabic Patients Undergoing Arthroplasty Surgery: A Randomized Comparative Design
- Physical ergonomics and its amelioration among computer users: a quasi-experimental study
- Effect of game-based learning in improving genetic literacy among the general population: a systematic review

Courses Taught

- Pharmacology in Nursing
- Medical-surgical nursing / Adult health nursing in BSN-RNBSN & MSN program

- Fundamentals of Nursing
- Nursing research and methodology
- Advanced health assessment
- Theoretical foundations in advanced nursing practice
- Statistics for health professionals
- Organizational & system leadership
- Nursing Education
- Professional issues & trends

Advising Graduate Students/ Master Theses:

- Research project on the effectiveness of Video Assisted Teaching regarding Spouse's Support during childbirth on Labor Outcomes among Antenatal Mothers Admitted in Selected Hospitals of Abu Dhabi UAE, 2021- 2022
- Research project on the effectiveness of antenatal colostrum harvesting on neonatal hypoglycemia among diabetic mothers attending Tawam Hospital in UAE, 2021- 2022
- Research project on online exam anxiety and coping among students studying health sciences, 2020- 2021
- Research project on perceived stress among patients with thalassemia, 2020- 2021
- Research project on the effectiveness of Roy's adaptation model among patients with heart failure, 2020- 2021
- Research project on the effectiveness of art therapy of Art Therapy on Pain Perception among post-operative patients admitted in Orthopedic Wards in Saqr Hospital, Ras Al Khaimah, United Arab Emirates, 2020- 2021
- Research project on quality of life of patients before and after a bariatric surgery, 2019-2020
- Research project on Self-perceived leadership styles and their impact on job involvement among nurses, 2018-2019
- Research project on quality of life of patients with myocardial infarction, 2019-2020
- Research project on Perception and attitude regarding interdisciplinary approach of care among healthcare team members, 2018-2019
- Research project on the effectiveness of teaching programs on knowledge regarding early identification of cardiac arrest and CPR among Dubai police personnel, 2017-2018.

- Research project on the effectiveness of a structured teaching program on the knowledge and compliance of patients undergoing hemodialysis in a selected hospital of RAK, 2017- 2018.
- Research project on the effectiveness of the TRTS awareness program among Dubai ambulance nurses, 2017- 2018
- Research project on the perception of nurses regarding their workplace climate in selected hospitals of Ras Al Khaimah, 2016-2017
- Research project on QOL of patients with Rheumatoid Arthritis attending OPD of Al Ain Hospital, 2016-2017
- Research project on the effectiveness of teaching modules among school-going adolescents of Ras Al Khaimah regarding smoking and Self- Breast Examination, 2015 - 2016
- Research project on the effectiveness of teaching modules among school-going adolescents of Ras Al Khaimah regarding HIV/ AIDS and anemia, 2014-2015
- Conducted research project on QOL, stress, coping, and knowledge of self-care activities among patients undergoing cardiac surgery: from 2012 to 2014
- Research coordinator for the PG program and a member of the ethical committee of NH College of Nursing from 2006 - 2012.

Workshops and Conferences

WEBINARS:

- Jury member - at the 5th Forum for Women in Research “QUWA: Together innovating to shape the future” 20-22 February 2025
- Delegate – How to do research and get published – online workshop on February 19th, 2025
- Delegate – SGH Oncology Conference held at Saudi German Hospital Dubai on 9th February 2025.
- Delegate – RSV: Challenges & Horizons - Jan 21, 2025, Dubai
- Delegate – Infection control excellence: the vital role of healthcare workers, organized by EHS at RAK on October 31, 2024

- Attended updates in metabolic diseases, RAK hospital -UAE, Feb 24, 2024
- First International Nursing Conference “Trends in Nursing” Al-Zaytoonah University of Jordan October 8th, 2024- Paper presentation on Exploring Transformative Trends in Nursing Education: A UAE Perspective
- ACEN Self-study forum, Al-Zaytoonah University of Jordan, October 5th to 6th, 2024
- Delegate- Essentials of Simulation workshop -RAKMHSU, 12.12.2023
- Quality of life of patients before and after bariatric surgery- International conference (paper presentation) -CMC Vellore- India, 24th July 2023
- Resource person/ speaker for a webinar on my profession, my pride (Dayanand Sagar College – Bangalore), July 2023
- Resource person for webinar on research at RAKCON, RAKMHSU, June 2023
- Resource person at International Congress of Joint Reconstruction: Topics - Research priorities in orthopedic nursing, & Global needs for nursing specialization and challenges Dubai- April 2023
- Resource person – at CEDAR workshop on Introduction to Interprofessional Learning, RAKMHSU – RAK on 17th May 2022
- Resource person - at International Congress of Joint Reconstruction: Topic – Paradigm shift in orthopedic nursing – past and future Past, Dubai- March 2022
- Resource person - at International Congress of Joint Reconstruction: Topic – Competency-based training in orthopedic nursing, Dubai- March 2022
- Delegate – Quality measurement in health professions education – revisiting the metrics. International conference organized by Gulf Medical University – Ajman, 25 -27 February 2022
- Resource person – Evidence-Based Practice in an acute care setting organized by VPS Health Care, Abu Dhabi - April 2019
- Resource person – Care of cardiac patients- A nursing perspective at International symposium, RAK College of Pharmacy – RAKMHSU – UAE, April 2019
- Resource person at International Congress of Joint Reconstruction –: Topics - Research trends in orthopedic nursing & Evidence Practice in Joint replacement surgeries, Dubai- April 2019
- Resource person - Caring profession in health sciences at Ministry of Education- Annual teachers conference, Ajman -January 2019
- Resource person at a workshop on team-based learning in nursing at College of Nursing, Madras Medical Mission, Chennai, June 2018

- Resource person at International Congress of Joint Reconstruction: Topics - Research priorities in orthopedic nursing, & Global needs for nursing specialization and challenges Dubai- April 2017
- Resource person at a workshop on team-based learning in nursing at College of Nursing, Ramachandra Medical College, Puducherry, June 2017
- Resource person at International Congress of Joint Reconstruction: Topics - Research priorities in orthopedic nursing, & Interprofessional collaboration and practice, Dubai- April 2016
- Quality of life of patients with DM (oral presentation) – International diabetes congress 2004

Honors and awards:

- Awarded for 10 years of service at RAKMHSU
- Best research award in M.Sc. nursing program (2004)

Committees and Task Forces:

- Member or chairperson of various committees at RAKCON, RAKMHSU: vetting committee, curriculum committee, examination committee, research committee, chairperson of TBL & PBL committee, Academic advising committee & CNE committee, CEDAR member of the University
- Member of RAKCON, RAKMHSU -Advisory board till date
- Member of Licensure Committee – Nursing & Midwifery Council of UAE (till 2021)
- Organizing secretary of the 4th RAKCON scientific nursing conference titled: Global advancement in nursing at RAKCON – RAKMHSU, UAE – February 28th, 2019
- Recognized UG teacher and PG guide under Rajiv Gandhi University of Health Sciences (RGUHS), Bangalore, and Manipal University, Karnataka (till 2012)
- PhD examiner – Dr MGR Tamilnadu Medical Health University, Chennai, India

