

EMAN ABDELAZIZ RASHAD DABOU



Assistant Professor, Adult Health Nursing, RAK Medical and Health Science University

CONTACT

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EDUCATION

Doctorate degree in Medical Surgical Nursing, B+ (3.485), 2011, Faculty of Nursing, Alexandria University.

M.Sc. Master in Adult Nursing, Excellent, 2007, Faculty of Nursing, Alexandria University.

B.N. Sc., 2000, Faculty of Nursing, Alexandria University.

INTERNET LINKS & SOCIAL MEDIA

SCOPUS:

<https://www.scopus.com/authid/detail.uri?authorId=57540997400>

ORCID:

<https://orcid.org/0000-0002-2105-5073>

GOOGLE SCHOLAR:

<https://scholar.google.com/citations?user=xhnh8z4AAAAJ&hl=en>

RESEARCHGATE:

<https://www.researchgate.net/profile/Eman-Ahmed-79>

LINKEDIN:

<https://www.linkedin.com/in/eman-rashad-dabou-5b7314270/>

LANGUAGE

Arabic: Native

English : Excellent

PROFILE

As an Assistant Professor in the field of Nursing, my objective is to contribute to the both academic and professional development of students while fostering a positive learning environment. With a passion for nursing education and a dedication to excellence, I strive to inspire and empower future nursing professionals. I have a genuine passion for research and scholarly work.

CAREER EXPERIENCE

ASSISTANT PROFESSOR • NOVEMBER 2020-PRESENT

RAK College of Nursing, RAK Medical & Health Science University, UAE

SENIOR LECTURER • DECEMBER 2018 - OCTOBER 2020

RAK College of Nursing, RAK Medical & Health Science University, UAE

LECTURER • OCTOBER 2011 - PRESENT (ON VACATION)

Faculty of Nursing, Alexandria University, Alexandria, Egypt.

ASSISTANT LECTURER • SEPTEMBER 2009 - JULY 2010.

Faculty of Nursing, Matruh Branch, Alexandria University, Alexandria, Egypt.

ASSISTANT LECTURER • OCTOBER 2007- SEPTEMBER 2011.

Faculty of Nursing, Alexandria University, Alexandria, Egypt.

DEMONSTRATOR • SEPTEMBER 2005 -JULY 2006.

Faculty of Nursing, Damanhour Branch, Alexandria University, Alexandria, Egypt.

DEMONSTRATOR • FEB 2002 -SEPTEMBER2007.

Faculty of Nursing, Alexandria University, Alexandria, Egypt.

ACHIEVEMENT

- Class Coordinator for BSN-year1 (2024-2025, 2023-2024), RAK CON, RAKMHSU, UAE.
- Class Coordinator for BSN-year 2 (2022-2023, 2021-2022), RAK CON, RAKMHSU, UAE.
- Member of University academic advising committee (2024-2025,2023-2024), RAKMHSU, UAE.
- Member of university Students Research Board (2024-2025,2023-2024), RAKMHSU, UAE
- Chairperson of College academic advising committee (2024-2025, 2023-2024), RAK CON, RAKMHSU, UAE.
- Member of Steering committee for ACEN accreditation (2024-2025, 2022-2024), RAK CON, RAKMHSU, UAE.
- Member of Quality Assurance committee (2022-2024), RAK CON, RAKMHSU, UAE.
- Member of college council committee (2022-2025), RAK CON, RAKMHSU, UAE.
- Member of SNF committee (2022- 2023), RAK CON, RAKMHSU, UAE.
- Participated in reviewing, planning and developing contents of fundamentals and Medical surgical nursing curriculums, practical training objectives and evaluation forms for practical training with integration with the mission and vision of the faculty, Faculty of Nursing, Alexandria University, Egypt.
- Participated in transforming the educational courses into e-learning courses, Faculty of Nursing, Alexandria University, Egypt.
- Participated in Quality Assurance activities, faculty of Nursing, Alexandria University, Egypt.
- Participating in extracurricular activities during accreditation period, Faculty of Nursing, Alexandria University, Egypt.

TEACHING AND ACADEMIC EXPERIENCE:

November 2020 –present (RAKMHSU)

- Foundation of Nursing practice and simulation -1 & 2 for BSN year 1 (theory, practical and Simulation).
- Adult Nursing -1 for BSN year 2 (theory, practical and Simulation/clinical).
- Health Assessment (theory, practical and Simulation).
- Physiology for BSN-year 1 (theory)
- Adult Nursing -3 (theory and clinical) for BSN year4.
- Rehabilitation nursing for remedial program.

December 2018 –November 2020 (RAKMHSU)

- Adult Nursing -1 Course (theory and clinical) for BSN year2.
- Adult Health Nursing Course (theory, practical and clinical) for RN-BSN year1.
- Physiology course for BSN year 1.
- Adult Nursing -3 Course for BSN year4.
- Renal Nursing Course for certified renal course.

December 2011 –November 2018 (Faculty of Nursing, Alexandria University)

- Fundamentals of Nursing.
- Medical Surgical Nursing 1 &2.
- Medical terminology
- Nutrition in Health
- Health Assessment

2002-2011 (Faculty of Nursing, Alexandria University)

- Fundamentals of Nursing (practical and clinical).
- Medical Surgical Nursing (practical and clinical).

RESEARCH ACHIEVEMENTS, INTERESTS, SKILLS AND EXPERIENCE

- Published in high indexed journal (Scopus Journals)
- Reviewer in high indexed journals (Sage open Nursing, Peer J, Journal of Advanced Nursing, International journal of Surgery)
- Reviewer in peer reviewer journals (Dove press Journals)
- Supervised undergraduate research projects and the students got fourth rank in the 14th student's scientific conference, RAKMHSU, UAE (2023-2024).
- Supervised undergraduate research projects and the students got first rank in the 13th student's scientific conference, RAKMHSU, UAE (2022-2023).
- Mentor postgraduate students during their thesis along with their supervisors 2020-2022.
- Ability to design and develop research methodology including literature reviews, design type of research to achieve research goals.
- Ability to use the appropriate research tools to ensure the validity and enhance reliability of data collection.
- Experience in carrying out experimental and other research types and follow the principle of research ethics.
- Perform data coding, data entry using the appropriate programs such as SPSS and Excel sheet.
- Using the appropriate bio-statistical test for analyzing data research.
- Ability to communicate and present research findings in a scientific and easy simplified manner.

RESEARCH PUBLICATIONS

- Dabou, E. A. R., Ibrahim, F. M., & Ilesanmi, R. E. (2024). Knowledge, Awareness, and perceived anxiety of human MonkeyPox among university students in Ras al Khaimah, United Arab of Emirates. *International Journal of Africa Nursing Sciences*, 20, 100743. <https://doi.org/10.1016/j.ijans.2024.100743>
- Ibrahim, F. M., Dabou, E. A. R., AbdelSamad, S., & Abuijlan, I. A. (2024). Prevalence of bullying and its impact on self-esteem, anxiety and depression among medical and health sciences university students in RAS Al Khaimah, UAE. *Heliyon*, 10(3). <https://doi.org/10.1016/j.heliyon.2024.e25063>
- Ahmed, S. K., Dabou, E. A., Ibrahim, F. M., Mohammed, M. G., Chandran, D., Basit, J., ... & Dhama, K. (2024). Challenges and Counteracting Strategies Including Optimum Health Service Practices for Frontline Nurses During the Mpox Outbreak and Futuristic Vision. *SAGE Open Nursing*, 10, 23779608241256209. <https://doi.org/10.1177/23779608241256209>
- Ilesanmi, R. E., Dabou, E. A. R., Muthu, P., & Abuijlan, I. A. (2023, July). Undergraduate Nursing Students' Self-Confidence and Psychological Safety During Simulation-Based Pedagogy in the United Arab Emirates. In *Sigma's 34th International Nursing Research Congress*. Sigma. 2023. https://scholar.google.com/citations?view_op=view_citation&hl=en&user=xhmmh8z4AAAAJ&sortby=pubdate&citation_for_view=xhmmh8z4AAAAJ:kc_bZDykSQC

- Hashem, E. S., El-hadary, S. M., Rashad Dabou, E. A., & Khamis, E. A. R. (2023). Classical Hydrotherapy versus Ultrasonic Hydrotherapy in a Partial-Thickness Burned Patient: Comparative Study. *Assiut Scientific Nursing Journal*, 11(36), 136-146. https://journals.ekb.eg/article_298302.html
- Ahmed, S. K., Dabou, E. A., Abdelsamad, S., Mohamed, M. G., Chandran, D., Chakraborty, S., ... & Dhama, K. (2023). Monkeypox virus infection and myocarditis: A review of current evidence and possible pathogenesis. *Narra J*, 3(1). <https://narraj.org/main/article/view/104>
- Alshehi, M. M. H., Ilesanmi, R. E., & Dabou, E. A. R. (2023). Physical burden and perceived stress of personal protective equipment during COVID-19 pandemic: a retrospective study in the United Arab Emirates. *SAGE Open Nursing*, 9, 23779608231186754. 1-8. <https://doi.org/10.1177/2377960823118675>
- Lin, Y., Ilesanmi, R. E., & Dabou, E. A. R. (2023). Risk Perception and Sociodemographic correlates of acceptance of COVID-19 vaccination among Nurses in Selected Hospitals in the United Arab Emirates. *HIV Nursing*, 23(1), 1103-1108. <https://www.hivnursing.net/index.php/hiv/article/view/1372>
- Ahmed, S. K., Mohamed, M. G., Dabou, E. A., Abuijlan, I., Chandran, D., Nahed, A., ... & Dhama, K. (2023). Monkeypox (mpox) in immunosuppressed patients. *F1000Research*, 12. <https://doi.org/10.12688/f1000research.130272.2>.
- Ilesanmi, R. E., Mathias, C. A., Hanson, V. F., & Dabou, E. A. R. (2022). Coping with the Burden of Care through Effective Management of Stress: A Study among Nurses in Selected COVID-19 Isolation Hospitals in the United Arab Emirates. *Africa Journal of Nursing and Midwifery*, 24(3), 14-pages.. <https://doi.org/10.25159/2520-5293/12815>
- Ahmed, A. S., Abd El-Kader, R. G., & Dabou, E. A. (2022). Nursing Students' Satisfaction with and Experiences of Using Movies in Teaching Psychiatric Mental Health Nursing: A Mixed Methods Study. *Africa Journal of Nursing and Midwifery*, 24(2), 1-18.
- Ahmed, S. K., Mohamed, M. G., Essa, R. A., Dabou, E. A. A. R., Abdulqadir, S. O., & Omar, R. M. (2022). Global reports of takotsubo (stress) cardiomyopathy following COVID-19 vaccination: a systematic review and meta-analysis. *IJC Heart & Vasculature*, 43, 101108.
- Ahmed, S. K., Rashad, E. A. A., Mohamed, M. G., Ravi, R. K., Essa, R. A., Abdulqadir, S. O., & Khdir, A. A. (2022). The global human monkeypox outbreak in 2022: An overview. *International Journal of Surgery*, 104, 106794.
- Ahmed, S. K., Mohamed, M. G., Essa, R. A., Rashad, E. A. A., Ibrahim, P. K., Khdir, A. A., & Wsu, Z. H. (2022). Global reports of myocarditis following COVID-19 vaccination: A systematic review and meta-analysis. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*, 16(6), 102513.
- Abuijlan, I. A., Ilesanmi, R. E., & Ahmed, E. A. (2022). Effectiveness of Culturally Sensitive Nursing Intervention program on Nurses' cultural competency: A quasi-experimental study in United Arab Emirates. *International Journal of Nursing Science Practice and Research*, 8(1), 18-29.
- Dabou, E. A. R., Ilesanmi, R. E., Mathias, C. A., & Hanson, V. F. (2022). Work-related stress management behaviors of nurses during COVID-19 pandemic in the United Arab Emirates. *SAGE open nursing*, 8, 23779608221084972.

- Safiya, U. K., Pitre, S., Dabou, E. A. A. R., & Adam, S. (2022). Effect of Watching Animated Cartoon Film on Level of Pain during Venipuncture among Children Admitted in Ministry Hospital Ras Al Khaimah. *Int J Cur Res Rev* | Vol, 14(01), 106.
- Mohamed, M. G., Al Gamil, A., Kamel, N., & Dabou, E. A. A. R. (2022). Medications Adherence, Spiritual Needs and Life Satisfaction among Patients with Chronic Disease; Correlational Study.
- Ilesanmi, R. E., Hanson, V. F., Dabou, E. A. R., & Mathias, C. A. (2021). Perceived stress and burden of caregiving among nurses in the United Arab Emirates during the COVID-19 pandemic. *Medical & Clinical Research*, 6(6), 615-623.
- Dabou, E., Salem, Y., Morsi, Z., Khamis, E. (2021). Nursing Students' Satisfaction with E-Learning Concerning Students' Learning Style Preference during COVID-19 Pandemic. *Egyptian Journal of Nursing and Health Sciences*, 2(1), 115-138. doi: 10.21608/ejnhs.2021.230841
- A Khamis, E., E Reizian, A., & AAR Dabou, E. (2021). Motor and Functional Recovery Post Radical Thyroidectomy: A Comparative Study of Two Types of Physical Exercises. *Egyptian Journal of Health Care*, 12(3), 1170-1181.
- cross sectional study to assess attitude of faculty toward e- learning education in rak medical and health sciences university, *psychology and education*, (2021). 58(2): 7399-7408 issn: 00333077.
- ALMHEIRI, S. O. S., HANSON, V. F., & RASHAD, E. A. A. (2022). Perception of Happiness among Health Care Providers in United Arab Emirates: a Cross Sectional Study. *Pakistan Journal of Medical and Health Sciences*, 15(12), 3721-3725.
- Awareness and Knowledge of Culture-sensitive Care among Nurses in a Metropolitan Hospital in United Arab Emirates. *Philosophical Readings*. (2022). XIII (4), 2378-2389. <https://doi.org/10.5281/zenodo.5616861>.
- AE Elshenawie, H., El Sayed, H., & AAR Dabou, E. (2020). Impact of Educational Program Regarding Safety Measures Guidelines on Nurses' Knowledge, Attitude and Practice toward COVID-19 Patients. *Egyptian Journal of Health Care*, 11(3), 612-627.
- Khamis, E., Hemdan, G., & Dabou, E. (2020). Influence of Vitamin D Level on Self-Perceived Fatigue, Body Mass Index and Health Related Quality of Life among Female Nurses in Two Governorates. *Egyptian Journal of Nursing and Health Sciences*, 1(Second Issue), 18-47.
- Dabou, E. A., Abdelazeem, Y. F., & Elshenawie, H. A. (2020). Effect of lavender essential oil inhalation on anxiety level for patients undergoing closed magnetic resonance imaging. *Evidence-Based Nursing Research*, 2(3), 9-9.
- Khamis, E. A., Abdelaziz, E., & Hemdan, G. (2019). Effect of Kegel Exercises on The Recurrence of Lower Urinary Tract Infection in Multiparty. *Evidence-Based Nursing Research*, 1(4), 10-10.
- The Effect of Developing and Implementing Health Education and Nutrition Training Program on Self-Management Practices among Patients with Iron Deficiency Anemia,

Alexandria Main University Hospital, EGYPT. *International Journal of Innovative Research in Medical Science (IJIRMS)* (2018), vol. 03, no 05, pp. 2013-21.

- Abdel, H., Ahmed, M., Abdel, E., Ahmed, A., Aljaber, N. Y., & Ahmed, A. M. (2018). The Effect of Implementing OSCE Mandatory Training among Large Numbers of Undergraduate Medical Surgical Nursing Student on their Clinical Competencies. *IOSR J Nurs Heal Sci*, 7, 46-59.
- The Effect of Breast Self-Examination Training Program on the Knowledge, Attitude and Practice among Female Nursing Students at Faculty of Nursing, Alexandria University, *IOSR Journal of Nursing and Health Science (IOSR-JNHS)*, (2018) Volume 7, Issue 1 Ver. III. (Jan.- Feb .2018).
- Ahmed, H. A., Aziz, E. A., & Fathy, Y. (2017). Perception of patient safety, quality improvement and nursing errors issues among undergraduate nursing students in faculty of nursing, Alexandria university, Egypt. *IOSR J Nurs Health Sci*, 6(3), 83-95.

CONTINUING EDUCATION: WORKSHOPS, SEMINARS, CONFERENCES-PARTICIPATED/PRESENTED PAPERS

- “3rd Al Qassimi Women’s and Children’s Hospital Pharmacy Conference” 17 September 2023, Sharjah, UAE. National conference.
- Present a research paper in the International nursing conference “Euro Nursing 2023, World virtual congress on Nursing Education & Health Care” October 23, 2023.
The title “The Impact of Tele-Nursing on The Health Outcomes of Adults with Rheumatic Heart Disease during COVID-19 Outbreak”.
- Sigma’s 34th International Nursing Research Congress, Abu Dhabi, July 2023. Presenting research paper “ Undergraduate Nursing Students’ Self-Confidence and Psychological Safety during Simulation-Based Pedagogy in the United Arab Emirates”.
- Times Higher Education, webinar, May 2023.
- Scaffolding Research Methodology: Application to Practice.” RAKMHSU, May 2023.
- Post-COVID Pandemic: A New Era in Nursing, RAKMHSU, March 2023.
- Advances in Surgical Subspecialties, RAK college of Medical Science in association with RAK hospital, January 2023.
- Arab African International Cancer Congress (Nursing for Oncology), Egypt, October 2022.
- “Stimulation based nursing education: construction of clinical simulation”, Faculty of Nursing-Cairo University, Egypt. 14th November 2021
- Hepatogastroenterology and infection disease, Egypt.
- 23 European CME credits 30th Sep to 2nd Oct 2021.
- The Effects Of Smoking On COVID-19 & Its Management” , RAK Hospital Post COVID-19 recovery and rehabilitation program, RAK hospital, 10th September 2021.
- Workshop “Tip for Successful Academic Promotion, Damanhur University, Egypt. 18th August 2021
- The 1st Virtual, 3rd International Scientific Nursing Conference” COVID-19 and the Era of Nursing Transformation to Digitalization, Damanhur University, Egypt. 18th August 2021
- “Global Trends and Challenges in Midwifery Practice”, RAK College of Nursing, RAKMHSU. 19th May 2021.

- “Stemming the Tide of Chronic Illnesses during COVID-19 Pandemic by Nurse Clinicians”, RAK College of Nursing, RAKMHSU. 12th April 2021.
- “The Next Frontier: Patient Safety and Quality improvement for Nurses”, King Faisal University. 7th April 2021.
- “Practical Applications of the five Likert-Scales on the SPSS Program”. Online platform Academics & Researches Platforms (IFAD) , Egypt. 3rd March 2021
- The International Nursing Conference “Paths of Scientific Research for COVID-19 Pandemic”, Mansoura University.
- Poster “Supporting Nurses to Deliver High Quality Care During COVID-19: Keys of Compassion. 27th February 2021.
- “Year of Nurses and Midwife 2020: Impact of Nursing Profession during COVID-19 Pandemic in UAE. RAK College of Nursing, RAKMHSU. 27th January 2021.
- Ministry of Health and Prevention UAE virtual conference, Ministry of Health and Prevention. 22-23rd October 2020.
- RAK College of Medical Sciences, RAKMHSU “Living With Chronic Kidney Disease”. 20th September 2020.
- First international virtual conference “The Future of Nursing after Corona Virus (COVID-19)”, Tanta University. 7th September 2020.
- NHCPS ACLS Certification Course (on line), provided by the Postgraduate Institute for Medicine. (8 hours credits) 28-8-2020.
- NHCPS BLS Certification Course (on line), provided by the Postgraduate Institute for Medicine. (4 hours credits) 4- 8-2020.
- “RAKCOMS COVID-19 Webinar Series – 1, 2, 3 & 4, RAK COLLEGE OF MEDICAL SCIENCES, RAKMHSU, UAE. 7, 8- 2020.
- “17th Update in Nephrology, Metabolic Disorders and Transplantation”, Virtual conference, RAKMHSU in association with Emirates Medical Association Nephrology (EMA-N), UAE (7 CPD credit). 24 July, 2020.
- Cardio Go Virtual Meeting, 2020 August 2020.
- Virtual Pediatric Essentials (VIPES) 1-10th live Webinar. CPD activity Jun, July, August 2020.
- A new paradigm in wound care, ESS international surgical week. June, 2020.
- Digital transformation in higher education, Riphah International University, Islamabad. July 2020
- Role of critical care in COVID-19 management, scientific activities of the virtual meeting, Egyptian collage of critical care physicians. Jun 2020.
- Anemia updates in chronic kidney disease. Jun 2020.
- Cardio metabolic alliance. May 2020.
- Nephrology virtual meeting. May 2020.
- Research, Centre for Educational Development and Research (CEDAR) – RAKMHSU. 8th February 2020
- Microteaching, Centre for Educational Development and Research (CEDAR) – RAKMHSU. 27th January 2020.
- Statistics, Centre for Educational Development and Research (CEDAR) – RAKMHSU. 23rd November 2019.

- Funded Research implementation and Research Team Management, Faculty and Leadership Development Centre, Alexandria University. 29-30th July 2019.
- Experimental Design and Statistical Analyses Systems (SPSS), Faculty and Leadership Development Centre, Alexandria University. 20-22nd July 2019.
- International Publishing of Research, Faculty and Leadership Development Centre, Alexandria University. 20-21st July 2019.
- International Symposium on “Updates Cardiology for Inter-professional Team: A Continuing Education Symposium”, RAKCOP – RAKMHSU. 11th April 2019.
- “Clinical research: Principles of Good Clinical Practice”, Centre for Educational Development and Research (CEDAR) – RAKMHSU. 30th March 2019.
- 15th Update in Nephrology and transplantation, RAKMHSU. 22nd March 2019
- Faculty Development Programs “Self-Reflection on teaching and innovative Teaching Methodologies for 21st Century Students”, RAKCON - RAKMHSU 31th March -2nd April 2019.
- 4th RAKCON Scientific Nursing Conference 2019, RAKCON - RAKMHSU 28th February 2019.
- Legal and Financial Aspects in University, Faculty and Leadership Development Centre, Alexandria University. 2 days 2018.
- Designing and Developing the Digital Content, Faculty and Leadership Development Centre, Alexandria University. 2 days 2018.
- 4th Nursing Scientific Meeting, Cardiology and Critical Care Department, Alexandria Police Hospital, Alexandria-Egypt. 2 days 2018.
- 13th international scientific nursing conference in collaboration with Kennesaw University (Toward Better Nursing Practice), Faculty of Nursing, University of Alexandria. 2 days 2015.

CLINICAL EXPERIENCE

Designation	Hospital	Dates	
		From	To
Contributed to teach BSN students in the hospitals	Saqr Hospital	November 2020	May 2021
Contributed to teach BSN & RN-BSN students in the	IBOH hospital, Kuwati Hospital	2018	November 2020
Nurse Educator	Sedi Ali El Samak hospital, Alexandria	2008	2010
Assistant head nurse	Sedi Ali El Samak hospital, Alexandria	2005	2008
Registered Nurse	Sedi Ali El Samak hospital, Alexandria	2000	2005
Demonstrator	Alexandria University Hospitals	2002	2007
BSN Internship	Alexandria University Hospitals	Sep. 2000	Aug. 2001

AWARDS

First prize-Oral presentation-Undergraduate students, Survey Based Research. 13th RAKMHSU Students Scientifics Conference. RAKMHSU. 8th May 2023.

MEMBERSHIP

Member of Afro-Asian Association of Nursing Professionals. Egypt. 2021 until now.
Member of Egyptian Alumni Association of Colleges of Nursing. Egypt. 2001 until now.
Member of Egyptian Nursing Association. Egypt. 2001 until now.
Egyptian MOHP Licenses, Egypt. 2001 until now.

PERSONAL INFORMATION

- ♦ Marital Status : Married
- ♦ Date of Birth : 6th July 1979
- ♦ UAE Driving License : Light Vehicle

REFERENCES

Prof. Dr. Seif Al-Islam M.N. Hamdy, Professor of urological surgery, Faculty of Medicine, Alexandria University, +2 01222180929, seifhamdy@yahoo.com.

Prof. Dr. Alice Reizian, Professor of Medical Surgical Nursing, Faculty of Nursing, Alexandria University, +2 01001329412, alicereizian@yahoo.com

Prof. Dr. Yousria M Salem, Professor of Medical Surgical Nursing, Faculty of Nursing, Alexandria University, +2 0122264758, yousriasalem@yahoo.com