



Rachel James

Ph.D. SCHOLAR, PG IN PSYCHIATRIC AND MENTAL HEALTH NURSING

I am a dedicated healthcare professional with a strong background in nursing education and clinical practice. I have developed my skills in psychiatric and mental health nursing, leadership and management, and a variety of clinical settings over the past 11 years as a lecturer, clinical instructor, and staff nurse. Building on my experience, I joined Ras Al Khaimah Medical and Health Science University, where I am currently a lecturer in Psychiatric and Mental Health Nursing. I teach RN-BSN and BSN programs and contribute to the development of comprehensive nursing education. In addition to my clinical and educational experience, I am currently pursuing a PhD in Education, allowing me to deepen my understanding of educational practices and further contribute to nursing education. I possess leadership and team management skills, ensuring effective collaboration and cohesive healthcare teams. My communication and counselling skills, along with a disciplined and organized approach, support an environment of compassionate patient care. I prioritize staff development and family advocacy and excel in managing multiple responsibilities. With a strong commitment to excellence, integrity, and ethics, I am dedicated to advancing patient care and nursing education. I bring a wealth of knowledge, experience, and dedication to the healthcare field.

PROFILE LINK

GOOGLE SCHOLAR

https://scholar.google.com/citations?view_op=new_articles&hl=en&img=Rachel+James&authuser=1#

RESEARCH GATE

<https://www.researchgate.net/profile/Rachel-James-27>

SCOPUS

<https://www.scopus.com/home.uri>

ORCID

<https://orcid.org/my-orcid?orcid=0000-0002-2783-1600>

SKILLS

Presentation and Public Speaking
Perseverance
Teaching
Leadership and Team Management
Critical Thinking
Creative Thinking
Staff development and family advocacy
Disciplined, Organized and Value Driven
Good oral and written Communication
Multitask worker
Team work
Time Management
Conflict Resolution

LANGUAGES

ENGLISH

Full Professional Proficiency

Hindi

Full Professional Proficiency

✉ soniyajames14@gmail.com

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Ras Al Khaimah, Ras Al Khaimah,
United Arab Emirates

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🌐 [linkedin.com/in/rachel-james-7baa3847](https://www.linkedin.com/in/rachel-james-7baa3847)

WORK EXPERIENCE

Lecturer

Ras Al Khaimah Medical and Health Sciences University, RAK, UAE

11/2016 - Present

Ras Al Khaimah

RAK Medical & Health Sciences University (RAKMHSU) is a comprehensive health science university in Ras Al Khaimah, UAE, fully managed by the government. It offers degrees in medicine, dentistry, pharmacy, and nursing, with programs accredited locally and internationally. With a diverse student and faculty population, RAKMHSU aims to excel in health education and healthcare.

Achievements/Tasks

- Provide high-quality learning experiences to assist students in achieving specified learning outcomes
- Continuously develop and implement cutting-edge teaching strategies and resources to engage and inspire students
- Organize and conduct in-person, online, and joint programs within allocated timeframes.
- Execute various learning and evaluation tasks such as workshops, group discussions, lectures, exams, and webinars
- Offer timely pastoral care and feedback to students
- Served as a student advisor, supporting them with their academic requirements
- Utilize UMS system for assessment marking within specified time constraints
- Plan and prepare for onsite teaching sessions, including room setups and technological requirements.
- Mentor new adjuncts as part of the induction process.
- Contribute to curriculum planning and development as a committee member and subject coordinator, ensuring high-quality and innovative curriculum in the subject area.

Contact : Dr. Ibrahim Ghaleb Ali Alfaouri - 050 9433940 - Dr. Suhaila Naim Salman Halasa -056 4312034

LANGUAGES

Arabic
Professional Working Proficiency

Malayalam
Limited Working Proficiency

INTERESTS

TEACHING PSYCHIATRIC,
MENTAL HEALTH CARE AND
OTHER NURSING SUBJECTS

NURSING RESEARCH

ADMINISTRATION

DEVELOPING AND
REVIEWING EDUCATIONAL
POLICIES

QUALITY PATIENT CARE IN
PSYCHIATRIC HEALTH
FACILITY

TEACHING AND CONDUCTING
AWARENESS PROGRAMMES

COUNSELLING

WORK EXPERIENCE

Clinical Instructor

RAS AL KAIMAH MEDICAL AND HEALTH SCIENCE UNIVERSITY

10/2014 - 10/2016

RAK, UAE

Tasks

- clinical instructor for RN-BSN & BSN

Tutor

HOLY FAMILY COLLEGE OF NURSING, HOLY FAMILY HOSPITAL

10/2013 - 10/2014

NEWDELHI

Holy Family College of Nursing Delhi is one of the best Nursing colleges in Delhi. It is affiliated with the University of Delhi and is run by Holy Family Hospital, New Delhi. The School of Nursing, which started in 1956, has been upgraded to the College of Nursing in 2011. Holy Family Hospital is a Charitable Non-Profit Organization run by the New Delhi Holy Family Hospital Society and managed by Delhi.

Tasks

- Conducted lectures in Psychiatric and Mental Health Nursing, Nursing Leadership & management and clinically supervised for bachelor and diploma nursing students in the areas of medical, surgical and psychiatric ward

STAFF NURSE/CLINICAL INSTRUCTOR

POST GRADUATE COLLEGE OF NURSING (JAN VIKAS NYAS)

10/2010 - 07/2011

GWALIOR, MADYA PRADESH

Tasks

- Assigned to take theory classes in Medical- Surgical and Mental Health Nursing along with supervision of students in clinical field of medicine, surgery and psychiatric ward

STAFF NURSE IN MEDICAL UNIT

VIDYA HOSPITAL

07/2010 - 10/2010

DADRI, GAUTAM BUDH NAGAR,
UTTAR PRADESH

Tasks

- Worked as a staff nurse in Medical Unit

EDUCATION

PhD (EDUCATION)

British University

09/2022 - Present

Dubai

M.sc (N) MENTAL HEALTH AND PSYCHIATRIC NURSING

Rufaida College of Nursing, Jamia Hamdard, Hamdard University

2011 - 2013

New Delhi

B. SC NURSING

Post Graduate College of Nursing (Jan Vikas Nyas)

2006 - 2010

Gwalior, Madhya Pradesh

HIGH SCHOOL HSC (+2)

Delhi Public School

2005 - 2006

Vidyut Nagar, Gautam Budh Nagar,
Uttar Pradesh,

PUBLICATIONS (2019-2024)

Research Paper

Knowledge and Attitudes Regarding Depression Among a Sample of Iraqi Non-Psychiatric Nurses: A Cross-Sectional Study

Date, Journal, Publisher, ISSN / ISBN

June 7, 2024,
Volume 10: 1–11, SAGE Open Nursing, Online ISSN: 2377-9608

<https://doi.org/10.1177/23779608241260862>

Research Paper

Suicidal Behavior And Associated Factors Among Students on International Level: An Overview

Date, Journal, Publisher, ISSN / ISBN

Dec-2022, Neuroquantology, AnKa Publisher, ISSN 1303 5150

<https://neuroquantology.com/data-cms/articles/20221207082700pmNQ88369.pdf>

Research Paper

Contemporary Screen Time Modalities And Disruptive Behavior Disorders In Children: A Review Study

Date, Journal, Publisher, ISSN / ISBN

Dec-22, Journal of Pharmaceutical Negative Results, ISSN: Print -0976-9234, Online - 2229-7723

<https://doi.org/10.47750/pnr.2022.13.S08.626>

Research Paper

Effect on- duty nurses' emotions that are involved in the direct care of COVID-19 patients

Date, Journal, Publisher, ISSN / ISBN

Dec-2022, Neuroquantology, AnKa Publisher, ISSN 1303 5150

<https://neuroquantology.com/article.php?id=12363>

Book Author

"An Introduction: Nursing Education" published book entitled "Basics of Nursing Education"

Date, Journal, Publisher, ISSN / ISBN

Mar-22, Weser Books, ISBN- 978-3-96492-394-3

<https://amzn.eu/d/da5rjAQ>

Research Paper

The impact of COVID-19 pandemic on the clinical training of nursing students' in UAE

Date, Journal, Publisher, ISSN / ISBN

Oct-21, Journal of Nursing Research and Practice, PULSES Journals

<https://www.pulsus.com/scholarly-articles/the-impact-of-covid19-pandemic-on-the-clinical-training-of-nursing-students-in-uae.pdf>

Research Paper

Comparison of Perceived Health Status among Healthcare Professionals Working in RAK Medical & Health Sciences University, UAE

Date, Journal, Publisher, ISSN / ISBN

Oct-19, SRI SARADA Journal of Frontier of Knowledge, ISSN No.2277-3398

https://www.researchgate.net/publication/336678739_Comparison_of_Perceived_Health_Status_among_Healthcare_Professionals_Working_in_RAK_Medical_Health_Sciences_University_UAE

Book Author

End of Life Care for Terminally ill Patients -Advance Nursing Practice.

Date of Publication

AkiNik 2023

In Process

CONFERENCES & COURSES

Clinical Updates in Amyotrophic Lateral Sclerosis Disease Management (06/2024)

Conference/Issuer of the certificate

- ◇ Reg. No.: 006112 / NEU3 / Jun24 CPD Provider: Kuwait Neurological Society CME/CPD credits: Category 1:2 credit(s) per activity

Kuwait Genetics & Metabolic Club: MPS II in Focus (05/2024)

Conference/Issuer of the certificate

- ◇ Reg. No.: 006040/ PED4 / May24 CPD Provider: Kuwait Medical Genetics Center CME/CPD credits: Category 1: 2 credit(s) per activity

Artificial Intelligence in Healthcare (04/2024)

Conference/Issuer of the certificate

- ◇ International Conference at Gulf Medical University Ajman

Clinical Updates in Neuromyelitis Optica Spectrum Disease (NMOSD) Management (02/2024)

Conference/Issuer of the certificate

- ◇ Reg. No.: 005678 / NEU6 / Feb24 CPD Provider: Kuwait Neurological Society CME/CPD credits: Category 1:2 credit(s) per activity

Biogen's- 2nd SMARt Research GCC - Improvement is Possible in Teens and Adults living with SMA (02/2024)

Conference/Issuer of the certificate

- ◇ 3 CPD Points were received. Certification Number- 53804

2nd Neurological Emergencies Summit (NES) (01/2024)

Conference/Issuer of the certificate

- ◇ 6 CME Credit. MECMP- 2024- 000457

"Scaffolding Research Methodology: Application to Practice." (05/2023)

Conference/Issuer of the certificate

- ◇ This program has been awarded 3.0 Credit Points by the Emirates Health Services (EHS), UAE. (Accreditation No.: Live/EHS/CPD/23/092)

"Post COVID Pandemic: A New Era in Nursing." (03/2023)

Conference/Issuer of the certificate

- ◇ Emirates Health Services (EHS), UAE (Accreditation No.: LIVE/EHS/CPD/23/067)

3rd Kidney Transplant Update (02/2023)

Conference/Issuer of the certificate

- ◇ Accredited for 7 CME Hours Accreditation ID No: DHA/MTS/ACC/23-0013/A

"Updates in Fetal Medicine Practice" (02/2023)

Conference/Issuer of the certificate

- ◇ This program has been awarded 2.25 CPD Credit Points by the UAE Ministry of Health & Prevention Accreditation # LIVE/MOHAP/CPD/23/027

"Current Trends in Neonatal and Pediatric Practice 2023" (02/2023)

Conference/Issuer of the certificate

- ◇ This program has been awarded 2.25 CPD Credit Points by the UAE Ministry of Health & Prevention Accreditation # LIVE/MOHAP/CPD/23/035

Short Term Course on Research Methodology, (01/2023)

Conference/Issuer of the certificate

- ◇ This Program has been awarded 15 CNE Credit Hours by The Indian Nursing Council, conducted by Clinical Nursing Research Society (CRS) North Zone In collaboration with Nursing Next Live - A Unit of CBS Publishers & Distributors Pvt. Ltd.

"Advances in Surgical Subspecialties" (01/2023)

Conference/Issuer of the certificate

- ◇ This program has been awarded 2 CPD Credit Points by the UAE Ministry of Health & Prevention Accreditation # LIVE/MOHAP/CPD/23/016

Clinical Updates in Alzheimer's Disease Management (12/2022)

Conference/Issuer of the certificate

- ◇ Kuwait Neurological Society, Reg. No.: 004326 / NEU6 / Dec22

CONFERENCES & COURSES

Resource Person - World Mental Health Week, 2022 International webinar on make mental health and wellbeing for all a global priority (10/2022)

Conference/Issuer of the certificate

- ◇ Organized by Holy Family College of Nursing, New Delhi, Department of Psychiatry Nursing in collaboration with ANEI, Delhi Chapter.

Clinical updates in Multiple Sclerosis Management (10/2022)

Conference/Issuer of the certificate

- ◇ Kuwait Neurological Society, Reg. No.: 004146/ NEU6 / Oct22

"Stemming the Tide of Chronic Illnesses during COVID-19 Pandemic by Nurse Clinicians." (04/2021)

Conference/Issuer of the certificate

- ◇ This program has been awarded 2.0 Credit Points by the Ministry of Health & Prevention(Accreditation No.: LIVE/MOHAP/CPD/21/0150)

5th Neuro Disorders Virtual Forum (03/2021)

Conference/Issuer of the certificate

- ◇ This activity is accredited by Department of Health - Abu Dhabi for (5) CME hours Accreditation ID NO: AQH/S/348596/2021

"Current Trends in Neonatal and Pediatric Practice" (01/2021)

Conference/Issuer of the certificate

- ◇ This program has been awarded 1.5 CPD Credit Points by the UAE Ministry of Health &Prevention Accreditation # LIVE/MOHAP/CPD/21/0018

WHO Good Reliance Practices (12/2020)

Conference/Issuer of the certificate

- ◇ <https://openwho.org/verify/xezep-sutah-huzun-hemic-vuhys>

EVALUATION

Registered Nurse (11/2022 - 11/2027)

Cleared MOHAP Professional Evaluation, which comprises credential verifications and the Prometric exam

CERTIFICATES

CERTIFIED ONLINE EDUCATOR COURSE (2020)

Hamdan Bin Mohammed Smart University, DUBAI

GENERAL COUNSELLING, (2014)

Holy family, Delhi,

LEVEL 1 YOGA TRAINING WITH SPECIALIZATION IN YOG NIDRA (2012)

Mediplex Yoga Institute, New Delhi,

PROFESSIONAL MEMBERSHIP

LIFETIME MEMBER OF CLINICAL NURSING RESEARCH SOCIETY (CNRS/2019/REG.NO.300)

SRI SARANDA JOURNAL OF FRONTIERS OF KNOWLEDGE 2016

MEMBER OF THE AUSTRALIAN AND NEW ZEALAND MENTAL HEALTH ASSOCIATION (MEMBER NUMBER: 11566)

LIFETIME MEMBER OF ISPN (INDIAN SOCIETY OF PSYCHIATRIC NURSING)



TECHNICAL SKILLS

Computer Science

Microsoft Excel Functions, Share Point, PowerPoint, Smart board

Research

Research methods, Data Mining, Survey Creation, Calculating Results

Software

Turnitin, Mendeley