

CURRICULUM VITAE

NILDA ENSOMO OGSIMER



Personal Details

Nationality: Filipino

Date of Birth: November 16, 1973

Place of Birth: Anislagan, Maco, Davao del Norte

Address in Philippines: A1, Zone 8, Cugman, Cagayan de Oro City, Philippines

Address in UAE: Villa 128, Sheh Uraibi, Ras Alkhaimah, UAE

Languages Spoken: English, Filipino, Cebuano, Arabic

Computer Literacy: Advance

Contact number: +971 50 891 2863

Email: nildaensomo1973@gmail.com / nilda@rakmhsu.ac.ae

Academic Background

- Sept 2019 – 2023 - **MASTER OF ARTS IN NURSING (AHN)**
University of the Philippines Open
University
Los Banos, Laguna, Philippines
(Waiting for Thesis completion)
- June 1991 – March 1995 - **BACHELOR OF SCIENE IN NURSING**
Butuan Doctors' College
Butuan City, Philippines
- June 1990 – March 1991 - **BACHELOR OF ARTS**

University of Mindanao
Tagum, Davao, Del Norte
Philippines

- June 1986 – March 1990 - **HIGH SCHOOL DEGREE**
Immaculate Heart of Mary Academy
Kitcharao, Agusan Del Norte, Phil

Current Work Experience

1. SENIOR CLINICAL INSTRUCTOR

Rak Medical and Health Science University

Rak College of Nursing

October 2015- to present

DUTIES AND RESPONSIBILITIES

1. Supervises student nurses and demonstrates patient care in clinical units of hospital and community health settings to BSN students.
2. Prepares clinical skill lab for OSCE and serve as an evaluator.
3. Evaluates student progress and development of clinical reasoning skill and maintains records of students and clinical experience.
4. Cooperates with medical and nursing personnel in evaluating and improving teaching and nursing practice.
5. Demonstrates, supervises and evaluates student's laboratory work.
6. Evaluates clinical assignments, clinical procedures performed.
7. Assists students in integration of theory and practice, specific to the course learning activities based on the level of the learners.
8. Facilitates clinical presentation, bedside clinic, seminars and workshop.
9. Participates with the course coordinator in the course development and evaluation.
10. Provides a feedback of an individual student's clinical performance to class coordinator and course coordinator.

11. Provides advising activities to individual students on their academic performance, maintain an updated records.
12. Adheres and complies on policies of the hospital and clinic and conveys to students nurses.
13. Maintains an updates on current evidence-based practice in nursing through attending seminars, workshops and scientific conferences.
14. Engages in research studies to be beneficial in the improvement of nursing practice and nursing education.
15. Performs job-related responsibilities as directed by the dean of the College of Nursing.

Previous Work Experience

STAFF NURSE/ NURSING SUPERVISOR

Ministry of Health, Saqr Hospital, Ras Al Khaimah, United Arab Emirates
Female Surgical Ward

(With following specialty: Surgery, Orthopaedic, Neurology, Urology,
Ophthalmic, ENT, Thoracic/Vascular, Plastic Surgery, Maxillo-Facial/Dental
September 30, 2010 – September 2015

Hours worked per week – 40 hours day and night duty

DUTIES AND RESPONSIBILITIES:

1. Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.
2. Performs nursing practice in line with facility, Federal Department of Nursing and Ministry of Health policies, procedures and standards.
3. Prioritizes patient's needs and delegate aspects of nursing care to other nursing personnel within the scope of professional responsibility.
4. Assesses the quality and appropriateness of patient care and resolve-identified problems.

5. Performs nursing care in response to patient's needs supported by nursing knowledge, researched and reflective practice.
6. Documents the nursing care of each patient from admission to discharge with the general principles and legal requirements for documentation
7. Assists patient and family members in achieving satisfying and productive patterns of living through health education.
8. Promotes an environment, which maximizes patient safety by utilizing infection control practices and implementing the standards of patients' safety programs.
9. Collaborates with the multidisciplinary team and acts as a patient advocate to ensure high quality of care.
10. Utilizes and ensures maintenance of equipment and instruments as appropriate.
11. Participates in teaching and assessing of new junior staff.
12. Participates in nursing continuous quality improvement initiatives, in service education programs, unit meetings, and committee functions as assigned.
13. Initiates emergency, safety practices and fire safety measures as necessary.
14. Maintains appropriate MOH nursing competencies and continues personal professional development.

STAFF NURSE

Ministry of Health, Saqr Hospital, Ras Al Khaimah, United Arab Emirates
Recovery Room, Intensive Care Unit and Anesthesia Department

April 4, 2007 – September 2010

Hours worked per week – 40 hours day and night duty

DUTIES AND RESPONSIBILITIES:

1. Maintain and deliver the highest quality of care according to the highest standard of nursing.

2. Provide a therapeutic communication and maintain a good nurse/patient relationship.
3. Serve as patient advocate about patient treatment or operation to be done.
4. Assist family and significant others to cope and understand the condition of the patient.
5. Assist doctor and other medical team members during any procedures.
6. Provide the highest quality of patient's safety, practicing infection control policies.
7. Initiates first aid measures and prompt response during disaster or emergency.
8. Practice collaborative nursing functions for the welfare of the patient's health.
9. Prompt and proper documentation in patient's progress file.
10. Participates in continuing medical program.
11. Responsible for narcotic inventory and ensure equipment in good working condition.
12. Act as shift in charge and participate in supervising and training for the newly appointed staff.

STAFF NURSE

Ministry of Health, Saqr Hospital, Ras Al Khaimah, United Arab Emirates

Female General Surgical/Ortho Ward

March 4, 2001 – April 2, 2007

Hours worked per week – 40 hours day and night duty

DUTIES AND RESPONSIBILITIES:

1. Performs highly specialized professional nursing duties in the clinical setting, ensuring that high standard of patient care is deliver in accordance with MOH & facility policies and procedure.
2. Demonstrates leadership role by managing patient care and supervising other professional nurses as assigned.
3. Teaches patient and family about health maintenance and illness prevention.

4. Document appropriate medical information in the patient's medical record to assure confidentiality, continuity and high quality patient care.
5. Ensure unit for cleanliness and tidiness at all times.
6. Utilizes standard and specialized equipment as appropriate to the clinical area, assuring the equipment remains in safe operating condition through regular maintenance and appropriate utilization.
7. Ensure effective communication within the unit and with other departments.
8. Actively involved in orientation and monitoring of new staff in the department.
9. Participates in nursing quality assurance, infection control and in service educational activities.
10. Identify unsafe practices and intervene immediately
11. Serve as member of nursing committee as assigned by Director of nursing.
12. Participates in educational programs or training to maintain current competence and promote professional development.

Teaching Loads (Recent & Previous)

Recent:

- Critical Care Nursing - Clinical and Practical (BSN year 4)
- Obstetric Nursing – Clinical and Practical (BSN year 4)
- Gynecological Nursing – Clinical (BSN year 3)
- Physiology – Practical (BSN year 1)

Previous:

- Foundation of Nursing Practice 1 & 2 (Clinical & Practical)
- Pathology Practical BSN yr. 2
- Adult Health Nursing Clinical & Practical RNBSN 1

- OB-Gynae Practical BSN yr. 4
- Community Health Nursing II Clinical & Practical RNBSN II
- Child Health Nursing (Practical) BSN yr. 3
- Adult Health Nursing III Clinical & Practical BSN yr. 4
- Basic Life Support Lecture & Awareness Trainer for BSN students

Related Teaching Activities

- Nursing Assistant Trainer – Filbrit Training Centre 2023-present
- Basic Life Support Trainer - American Heart Association AHA (2023-present)
- Caregiver Trainer – Filbrit Training Centre (2018-Present)

Professional License/Ministry of Education Equivalency

- REGISTERED NURSE – Professional Regulation Commission (PRC) of the Philippines by passing the Nurse Licensure Examination Dec. 1995
Registration No. – 0307992
Date of Expiry: 11/16/2026
- REGISTERED NURSE – Ministry of Health, UAE
Registration Number – RN007392
Issue Date – 06/05/2014
Expiry Date – 06/05/2018
- EQUIVALENCY CERTIFICATE FOR SECONDARY EDUCATION & BACHELOR'S DEGREE IN NURSING – duly certified by Ministry of Education of United Arab Emirates
- National Certificate 2 for Caregiving duly recognized by Technical Education and Skills Development Authority (TESDA) of the Philippines
July 5, 2023

Professional Affiliation /Membership/Committee

- RAKCON IT Services Committee
- ACEN Committee Member (Standard1)

- Student Nurses Forum (Rak College of Nursing) Faculty Member
- Clinical Training Committee
- Continuing Nursing Education Faculty Member
- Nursing Research Committee Member
- Rak College of Nursing Social Secretary
- Course Portfolio Committee Member
- Marketing Committee Member
- Social Secretary
- Philippine Nurses Association Member (UAE Chapter)

Publication

- Khidhir, R. M., Mohamed, M. G., Ahmed, S. K., Ravi, R. K., & Ogsimer, N. (2024). Knowledge of Women Regarding Menopause Phenomenon: A cross-sectional study. *Mosul Journal of Nursing (Print ISSN: 2311-8784 Online ISSN: 2663-0311)*, 12(1), 181-194.

Research Projects for Publication

- Co-Author - Public awareness of warning signs and symptoms, and risk factors of cancer among adults residing in Ras Al Khaimah, UAE.
- Principal Investigator - A Non-Pharmacological Pain Management Using Comfort Therapy among Orthopedic Post-operative patient in hospitals of Ras Alkhaimah, United Arab Emirates

Trainings and Seminars Attended (2020-2024)

- American Heart Association Basic Life Support/Heart Saver Instructor from 2023-present
- Micro credential Course - Integrating Evidence-Based Practice and Critical

Thinking: Enhancing Nursing Education and Practice through the Nursing Process Framework/University of the Philippines Open University – October 7 to 18, 2024

- Symposium on Use of Artificial Intelligence to in Education and Research August 15, 2024, RIPAH National University, Islamabad, Pakistan
- Nursing Simulation Workshop (Simulate to Educate) Leader Health Care/December 12, 2023
- ACEN Standards Workshop - June 13, 19 & 20, 2024/CEDAR RAKMHSU
- Essentials of Simulation Workshop by Leader Health Care - Dec 12, 2023 RAKMHSU
- Support Learners of Determination Training Course by Universal Certification and Services - Oct. 28, 2023 – RAKMHSU
- Annual Safeguarding Training Course by Universal Certification and Services - Oct. 21, 2023 RAKMHSU
- Basic Life Support Instructor Training American Heart Association (AHA) January 20 – July 17, 2023 GMU, Ajman, UAE
- Scaffolding Research Methodology: Application to Practice – Organizer May 22, 2023 RAKCON, RAKMHSU
- Effective Communication Skills in the Workplace May 1, 2023 CEDAR/RAKMHSU
- Post-COVID Pandemic: New Era in Nursing - March 28, 2023 RAKMHSU
- Simulation-Based Learning & Competency -based Baccalaureate Nursing Education in UAE, March 28-April 1, 2022 RAKMHSU

- 5th International Conference on Prevention and Control of Infection
European Accreditation Council for Continuing Medical Education
(EACCME), and SEHA Abu Dhabi, United Arab Emirates,
Nov. 15-17, 2021 Abu Dhabi, United Arab Emirates
- Dubai International Nursing and Midwifery Webinar by Maarefah
Management - Sept. 9. 2021, Dubai, UAE
- Speaker on the Seminar on the “Impact of COVID 19 Pandemic to Nursing
Practice: Challenges and Responses” University of the Philippines Open
University
UP Los Banos, Laguna, Philippines, May 21. 2021 UPOU, Philippines
- Enhancing Mental Health Through Nature and The Environment
Rak Medical and Health Sciences University Ras Al Khaimah, UAE
May 16, 2021
- Global Trends & Challenges in Midwifery Practice Rak Medical and Health
Sciences University Ras Al Khaimah, UAE, May 5, 2021
- Stemming the Tide of Chronic Illness during COVID 19 Pandemic by Nurse
Clinicians, Rak Medical and Health Sciences University
Ras Alkhaimah, UAE, April 4, 2021
- Empowering Our self
Rak Medical and Health Sciences University, April 29, 2021
- Webinar “Year of Nurse and Midwife 2020: Impact of Nursing Profession
During COVID -19 Pandemic in U.A.E.” RAK College of Nursing
Rak Medical & Health Sciences University, Ras Al Khaimah, UAE
January 21, 2021
- International Congress for Joint Reconstruction Middle East 2020, Virtual
CME Series (ICJR) (Nursing) (4 CME), October 24 – November 14, 2020
- 18th Update in Nephrology, Metabolic Disorders & Transplantation (7CPD)
Emirates Medical Association Nephrology (EMA-N)

Dubai Health Authority, Dubai, UAE, November 13, 2020

- International Pediatric Congress Virtual Series II (11 CPD)
Maarefah Management, Dubai, UAE, October 29-3-, 2020
- 4th Annual Dubai International Pediatric Neurology Congress (14 CPD)
Maarefah Management, Dubai, UAE, October 15-17, 2020