

Curriculum Vitae

Personal Profile:

Full Name : Shaimaa Hashem Elsalous
Date of Birth : 21/4/1983.
Religion : Muslim.
Nationality : Egyptian.
Marital Status : Married.

Contact information

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Educational Qualifications:

- PhD in Maternity and Newborn Health Nursing (2020), Helwan University, Egypt.
- M.Sc. in Maternity and Newborn Health Nursing (2013), Cairo University, Egypt.
- B.Sc. of Nursing (2004), Mansoura University, Egypt (Excellent with honor Grade).
- Internship year in Mansoura University Hospitals, Egypt (from 2004 to 2005).

Experience

- Clinical Instructor (2005-2006), Faculty of Nursing, Mansoura University, Egypt.
- Demonstrator (2007), Faculty of Nursing, Helwan University, Egypt.
- Assistant lecturer of Maternity and Newborn Health Nursing (2013), Faculty of Nursing, Helwan University, Egypt.

- Lecturer of Maternity and Newborn Health Nursing (2020), Faculty of Nursing, Helwan University, Egypt.
- Assistant professor of Maternity and Newborn Health Nursing (2023), Collage of Nursing RAK Medical & Health Sciences University, UAE.

Skills profile

Computer skills:

- International Computer Driving License (ICDL).

Language skills:

- Arabic: Mother Language.
- English: Excellent in Spoken and Written English.

Teaching Experience

- Obstetric Nursing
- Gynecological Nursing
- Pediatric Nursing
- Woman Psychology
- Communication skills
- Legal and Ethical Issues in Nursing
- Research Methodology

Non- Teaching Experience

- Member in Quality Assurance Unit, Faculty of Nursing Helwan University
- Member of Student Evaluation and assessment center, Faculty of Nursing Helwan University.
- Member of Students Activities and counselling committee, faculty of Nursing- Helwan University.
- Member and secretary of ACEN standard 4, RAKCON,2024/2025.

- Academic advisor, RAKCON
- Member in Risk assessment and safety committee, RAKCON, 2024/2025.
- Supervising MSM student thesis, RAKCON, 2024- 2025.
- Participating in the MOHAP Hackathon Ideation Programme (UAE), theme: Breast Cancer Screening & Diagnosis,2025

Publications (2023/2025)

- Salama, R. A. A., Abd El-Kader, R. G., Tadross, T. M., & Elsalous, S. H. (2025). Assessment of the effect of the COVID-19 pandemic on levels of satisfaction in marital relationships during and post-lockdown. International Journal of Africa Nursing Sciences, 22, 100831.
- Abdel-Wahab Afifi Araby, O., Hashem Elsalous, S., Tolba Fathy, A., Saad Mostafa Abo Zied Farag, S., & Gamal El-sayed, G. (2024). Effect of Educational-Supportive Program about Therapeutic Exercises on Women's Physical, Psychological and Marital Status Undergoing Mastectomy. Journal of Nursing Science Benha University, 5(2), 989-1018.
- Abd El-Maksoud, M. M., Ahmed, H. A., Al-Metyazidy, H. A., Elsayed, E. B. M., Aseeri, A. S., Asiri, N. Y. H., ... & Elsalous, S. H. (2024). Effect of Mindfulness Training Program on Promoting Mental Well-being Among Emergency Nurses. The Open Nursing Journal, 18(1).
- Hashem Elsalous, S., Abdel-Wahab Afifi Araby, O., Kamel Mosbah Mahmoud, S., Hamido Abosree, T., & Hussein Mohammed Aboelfottoh, S. (2024). Effect of Roy's Adaptation Model Based Intervention on Healthy Behaviors and Quality of Life among Gestational Diabetic Women. Egyptian Journal of Health Care, 15(3), 850-871.
- Elsalous, S. H., El-Sayed Atwa, A. M., El-Sayed Amr, T. E. S., Osman Mohamed, H. A., & Goda Hamed, A. A. (2023). Effect of Simulation Teaching Strategy on Female Maternity Nursing Students' Knowledge, Practices, and Self-Efficacy regarding Breast Self-Examination. Assiut Scientific Nursing Journal, 11(37), 65-76.

- Ibrahim Ahmed, S., Hashem Elsalous, S., S Abu Almakarem, A., Fathy Heiba Eid, M., & Ahmed Thabet, H. (2023). Effect of virtual reality intervention on labor pain and maternal childbirth satisfaction. Egyptian Journal of Health Care, 14(4), 914-930.

Conferences / Workshops

- Talk Presentation (Advancing Nursing Education and Practice in the Digital Era: Unleashing the Power of Modern Technology), The 12th International & 5th Virtual Nursing Conference Faculty of Nursing – Tanta University, Egypt, 2024.
- International Webinar “AI in Nursing Education Balancing Innovation and Responsibility” Sultan Qaboos University, 2025.
- The 12th SGH Women’s Health Conference 2025, Saudi German Hospital, Dubai, April, 2025
- participating in the MOHAP Hackathon Ideation Programme, theme: Breast Cancer Screening & Diagnosis, 2025.
- The 12th international nursing conference and 8th postgraduate studies and research conference (Education and Research for Caring: Strive to Thrive Together for Better Outcomes), Mansoura University, Egypt, 2025.