



Curriculum Vitae

Personal Details

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Educational Background

1. Doctor of Philosophy in Midwifery, University of Aberdeen, Centre of Academic Primary Care, Aberdeen-UK, 2011.
Thesis title: "A comparative evaluation of postnatal care for migrant and UK-born women".
2. Master of Science in Midwifery, University of Aberdeen, Centre of Academic Primary Care, Aberdeen-UK, 2005.
Dissertation title: "Factors that affect women's timing of postnatal discharge from Aberdeen maternity hospital".
3. BSc in Nursing, University of Jordan, Nursing Faculty, Amman-Jordan, (1998-2002).

Academic Honors and Awards

Mutah University Scholarship for the MSc and PhD studies at Aberdeen University, U.K. (2004-2011).

Professional Memberships

1. Member at Sigma Theta Tau International, Honor Society of Nursing, 2016-2018.
2. Member of Board of Directors of Psi Kappa Chapter, Sigma Theta Tau International, University of Jordan, Amman, Jordan. 2016-2018.
3. A registered nurse in Nursing and Midwifery Council/Jordan, 2002.
4. A registered nurse in the Ministry of Health in the Hashemite Kingdom of Jordan, to practice the profession of nursing, 2002.

Professional and Work Experience

1. Professor, Midwifery, College of Nursing, RAK Medical and Health Sciences University. September 2025-until now.
2. Associate Professor, Maternal and Child Health Nursing Department, Faculty of Nursing, Mutah University, Jordan. January 2018-until now.
3. Assistant Professor, Health Sciences Division/Nursing Program, Higher Colleges of Technology, UAE. September 2018- July 2022.
4. Clinical Nurse Specialist/Midwifery. Jordanian Nursing Council, Amman, Jordan. 2016.
5. Vice Dean at Faculty of Nursing, Mutah University, Jordan. September 2016-2017.
6. Head of Maternal and Child Health Nursing Department, Faculty of Nursing, Mutah University, Jordan. September 2013-2014.
7. Assistant Professor, Maternal and Child Health Nursing Department, Faculty of Nursing, Mutah University, Jordan. March 2011-January, 2018.
8. Tutorial Assistant (Applied health statistics module)-Department of Public Health, University of Aberdeen. 2008.
9. Agency care assistant, Aberdeen Nursing Agency, UK. 2005-2010.
10. Staff nurse in medical and surgical critical care units (ICU/CCU), Specialty Hospital, Jordan. July 2002-October 2002, and September 2003-July 2004.

Academic Experience

Summary of Taught Courses

Course Code	Course Name	Number of Times
Undergraduate Courses		
MAP 102	Anatomy and Physiology of Reproductive System	1
NOB 7408	Obstetrics in Nursing-Clinical	1
1400330	Selective Topics in Nursing	1
14102330	Maternity and Newborn Health Nursing/Theory	13
1402331	Maternity and Newborn Health Nursing/Clinical	13
1403352	Health education and communication skills	2
1402301	Child Growth and Development	6
1401110	Fundamentals of Nursing	2
1401111	Fundamentals of Nursing Practical	2
1401112	Fundamentals of nursing clinical	2
1402472	Nursing research	2

1402101	Medical Terminology and Professional Documentation	2
HSC 1123	Work health and safety	2
HNR 3043	Maternal Health Nursing and Care of the Newborn - Theory	8
HNR 3052	Maternal Health Nursing and Care of the Newborn - Practice	8
HNR 3123	Child& Adolescent Health Nursing-Theory	5
HNR 3133	Child & Adolescent Health Nursing - Practice	5
HNR 2014	History Taking and Physical Assessment	4
HNR 2022	Communication and Health Education Skills	1
HNR 2003	Fundamentals of Nursing - Theory	3
HNR 2013	Fundamentals of Nursing - Practice	3
HNR 3142	Ethical and Legal Issues in Nursing	2
HNR 2102	Microbiology	1
HNR 4023	Evidence-Based Practice	1
HSC 4006	Capstone Research Project for HS	2
Postgraduate Courses		
Course Code	Course Name	Number of Times
1402701	Research Methodology	3
1402705	Maternal and Newborn Health Nursing/ Theory	2
1402706	Maternal and Newborn Health Nursing/ Clinical	2
1402720	Maternal and newborn health nursing-Advanced/Theory	4
1402721	Maternal and newborn health nursing-Advanced/ Clinical	4

Undergraduate Research Projects:

Primary Supervisor

2022 “Assessing Knowledge and Attitude toward Rheumatoid Arthritis (RA) among Emirati Undergraduate Students: Across-sectional Study.” Capstone Research Project, Department of Health Sciences, Higher Colleges of Technology, United Arab Emirates.

- 2021 "The Impact of Virtual Learning on Psychological Health among Emirati college Students during COVID-19 Pandemic." Capstone Research Project, Department of Health Sciences, Higher Colleges of Technology, United Arab Emirates.
- 2021 "Evaluation of emotional status for health sciences Emirati students at HCT during their clinical work placement." Capstone Research Project, Department of Health Sciences, Higher Colleges of Technology, United Arab Emirates.

Graduate Research Projects:

Primary Supervisor

- 2024-2025 "Knowledge and Awareness regarding Cervical Cancer Screening and Human Papillomavirus Vaccination among Jordanian Women: A National Survey." A Master's thesis, Faculty of Nursing, Mutah University.
- 2023-2024 "Knowledge, Attitude and Decision-Making Regarding Family Planning and Associated Factors Among Jordanian Fathers Working at a Public University: A Cross-Sectional Study." A Master's thesis, Faculty of Nursing, Mutah University.
- 2022-2023 "Relationship between Selected Intrapartum Factors and Initiation of Breastfeeding." A Master's thesis, Faculty of Nursing, Mutah University.
- 2022-2023 "Knowledge and Practice among Maternity Nurses Regarding Management of Women with Pre-eclampsia." A Master's thesis, Faculty of Nursing, Mutah University.
- 2016-2017 "Postpartum experience of Jordanian first-time fathers: An exploratory qualitative study." A Master's thesis, Faculty of Nursing, Mutah University.

Co-Supervisor

- 2016-2017 "Dysmenorrheal awareness among female adolescent students in South of Jordan: A cross-sectional study." A Master's thesis, Faculty of Nursing, Mutah University.

Internal Examiner

- 2025 "Prevalence, severity, and self-management strategies of premenstrual syndrome among university students: a cross-sectional study." A Master's thesis, Faculty of Nursing, Mutah University.
- 2024 "Prevalence of anemia and associated factors among pregnant women attending antenatal care facilities in Jordan." A Master's thesis, Faculty of Nursing, Mutah University.
- 2023 "Motherhood and reproductive health during hemodialysis: Women's experiences in Jordan." A Master's thesis, Faculty of Nursing, Mutah University.
- 2017 "From a family home to a wrestling ring: Experience of intimate partner violence among married Jordanian women." A Master's thesis, Faculty of Nursing, Mutah University.

External Examiner

- 2025 "Examining the Relationship between Maternal Health Literacy and Health-Promoting Behaviors among Primigravidas in Jordan". A Master's thesis, Faculty of Nursing, Jordan University.
- 2025 "Knowledge, Attitudes, and Practices Regarding Menstruation Among Adolescent School Girls in Jordan". A Master's thesis, Faculty of Nursing, Jordan University.
- 2024 "Evaluating Fear of Childbirth and the Preference of Cesarean Birth Among Pregnant Women in Jordan". A Master's thesis, Faculty of Nursing, Jordan University.
- 2023 "The Experience of Jordanian Mothers Who Delivered a Neonate Diagnosed with Down Syndrome: A Descriptive Qualitative Study." A Master's thesis, Faculty of Nursing, Jordan University.
- 2022 "Adherence to Gestational Diabetes (GDM) Management Plan among Omani Pregnant Women: Predictors, Barriers and Motivating Factors." A Master's thesis, College of Nursing, Sultan Qaboos University, Sultanate of Oman.
- 2014 "The impact of a guided imaginary audio recording on women's comfort level during labor." A Master's thesis, Faculty of Nursing, Jordan University of Science and Technology.

External Reviewer

- 2013 "Perception of health status, body weight, body image, and intention to lose weight among Jordanian undergraduate university female students." A Master's thesis, Faculty of Nursing, Jordan University of Science and Technology.

Committees at Health Sciences Division/ Higher Colleges of Technology

- A Committee Member for developing Bachelor's degree in Midwifery program. Preparing Application for Initial Program Accreditation for the Commission for Academic Accreditation (CAA) in UAE, 2020-2022.
- Member of the Academic Program Chair (PAC), 2019-2022.

Committees at the Nursing Faculty/Mutah University

- A member of the Research Ethics Committee, 2024- Until now.
- A member of the Committee for revising the study plan for Bachelor's degree, 2023.
- A representative of the Maternal and Child Health Department at Faculty Council, 2011-2013, 2017-2018, 2023-2025
- Chair of preparing self-evaluation report Committee, 2016-2017.
- Chair of the Graduate Studies Committee, 2016-2017.
- A member of the Quality Assurance Committee, 2016-2017.
- A member of the comprehensive exam for Master's degree Committee, 2016-2017.

- A member of the Committee for developing a syllabus for the “Modern Issues in Nursing and Health” course, 2015-2016.
- A member of the bridging Committee, 2014-2016.
- A member of the Graduate Studies Committee, 2014-2016.
- A member of Committees for developing syllabuses for various courses in the master program, 2014-2016.
- A member of the Research Ethics Committee, 2014-2015.
- A member of the Committee for revising study plan for Bachelor’s degree, 2014-2015.
- Committee Chair for developing master program “Maternal and Newborn Health Nursing” Committee, 2014.
- A representative of the Nursing Faculty at the University Council, 2013-2014.
- Committee Chair for developing a syllabus for the “Medical Terminology and Professional Writing” course, 2013.
- A member of the Students Disciplinary Committee, 2012-2013.

External Committees

- A member in the Technical Committee for monitoring the implementation of the study “Discriminant Analysis of the Characteristics of Users of Modern and Traditional Family Planning Methods and the Characteristics of those with Unmet Need for these Methods”. Higher Population Council, Jordan, August 2025.
- A member in the Oral Exam for the Bachelor's degree of Midwifery program, Al- Balqa' Applied University, May 2025.
- Chair of the Scientific Committee for Preparing Midwifery Licensure Exam, Jordanian Nursing Council (JNC), 2024-Until now.
- A member of the Advisory Group for identifying research priorities for Maternal Health in Jordan, Al-Ahliyya Amman University, 2024.

Career Training

- Accreditation Commission for Education in Nursing (ACEN) Self-Study Forum, 2023 Standards and Criteria. Scientific Society of Arab Nursing Faculties at Al-Zaytoonah University of Jordan, May 2024.
- Creating a test in Blackboard (Basic and Advanced), Higher Colleges of Technology, UAE, April/2019.
- Improving Video Tasks That Enhance Learning, Higher Colleges of Technology, UAE, April/2019.
- Creating Engaging Formative Quizzes in Kahoot, Higher Colleges of Technology, UAE, June/2019.
- Communication Tools in Blackboard, Higher Colleges of Technology, UAE, August/2019.

- Invigilating Online Assessments in Blackboard, Higher Colleges of Technology, UAE, September/2019.
- Collaborate Ultra for Online Classes (Basic and Advanced), Higher Colleges of Technology, UAE, March/2020.
- Securing Remote Online Tests in Blackboard, Higher Colleges of Technology, UAE, April/2020
- Essentials of Instruction Certificate, Higher Colleges of Technology, UAE, May/2020
- Essentials of Blackboard Certificate, Higher Colleges of Technology, UAE, June/2020
- Creating and Organizing Content in Blackboard, Higher Colleges of Technology, UAE, June/2020
- Implementing the Flipped Classroom Model, Higher Colleges of Technology, UAE, June/2020
- Integrating Assessment for Learning Practices, Higher Colleges of Technology, UAE, September/2020.
- Structuring Effective Learning Activities, Higher Colleges of Technology, UAE, September/2020.
- Classroom Observation Standards and the UKPSF, Higher Colleges of Technology, UAE, September/2020.
- Promoting Active Learning in Your Practice, Higher Colleges of Technology, UAE, September/2020.
- Designing Exemplary Online Learning Spaces, Higher Colleges of Technology, UAE, December/2020
- Utilizing the TPACK Framework for Lesson Planning, Higher Colleges of Technology, UAE, December/2020
- Preparing your Students for the Digital Workforce, Higher Colleges of Technology, UAE, December/2020
- Analyzing Technology Integration in your Classes, Higher Colleges of Technology, UAE, December/2020
- Essentials of Teaching with Technology Certificate, Higher Colleges of Technology, UAE, October/2021

Research Skills

Research experience:

I have completed a 4-year project for a Doctor of Philosophy (PhD) in Midwifery degree at the University of Aberdeen. The research is a health services project designed to evaluate the quality of care in National Health Service (NHS), Maternity Services. For the users with diverse cultural backgrounds. The research is a mixed-methods study with two concurrent phases: quantitative and qualitative. The research has been completed and presented as a thesis for a PhD degree.

In addition, another quantitative research project was carried out to fulfil the requirements for a Master's degree in Midwifery at the University of Aberdeen. The study

explored the factors that are associated with women's timing of postnatal discharge from Aberdeen Maternity Hospital in Scotland.

Research Training:

1. Systematic reviews course, Institute of Applied Health Sciences, University of Aberdeen, 2010.
2. NVivo (version 8), Department of Public Health, University of Aberdeen, 2009.
3. Epidemiology and demography course. Department of Public Health, University of Aberdeen (2007/2008).
4. Applied statistics course. Department of Public Health, University of Aberdeen (2007/2008).
5. Introduction to qualitative interviewing course, Department of Primary Health Care, University of Oxford, 2007.
6. Analyzing qualitative interviews course, Department of Primary Health Care, University of Oxford, 2007.

Publications/Citations Data

- Citation Source: Google Scholar
<https://scholar.google.com/citations?hl=en&user=jHK2N58AAAAJ>

Research Grants:

1. **Principal investigator** for two years of a national research project entitled "Implementation of a Childbirth Preparation Program in the Maternal and Child Health Centers in Jordan". Funded by Scientific Research Support Fund (24000 JDs), 2013.
2. **Principal investigator** for a local research project entitled "Maternal learning needs during childbirth experience". Funded by Mutah University (4000 JDs), 2014.
3. **Co-investigator** for a national research project entitled "Sexuality experience after giving birth: Jordanian women's and midwives' perspectives". Funded by Jordan University of Science and Technology (1900 JDs), 2015.

Publications:

- Algunmeeyn, A., Shudifat, R., Leimoon, H., **Almalik, M.**, & Saifan, A. (2025) Challenges Encounter by Nursing Clinical Instructors During Clinical Training: A Qualitative Study. *Sage Open*, 1-14. <https://doi.org/10.1177/21582440251374423>
- Alnajar, M., Mosleh, S., **Almalik, M.**, & Darawad, M. (2022) Psychological predictors of quality of life among Jordanian cancer patients' caregivers. *Psycho-oncology*, 31 (11), 1886-1894. <https://doi.org/10.1002/pon.6054>
- Mosleh, S., Shudifat, R., Dalky, H., **Almalik, M.**, & Alnajar, M. (2022) Mental Health, Learning Behaviour and Perceived Fatigue Among University Students During the COVID-19 Outbreak: a Cross-sectional Multicentric Study in the UAE. *BMC Psychology*, 10:47. <https://doi.org/10.1186/s40359-022-00758-z>

- Dalky, H., Ghader, N., Al Kuwari, M., Alnajar, M., Ismaile, S. **Almalik, M.** et al. (2021) Assessment of the Awareness, Perception, Attitudes, and Preparedness of Health-care Professionals Potentially Exposed to COVID-19 in the United Arab Emirates. *Journal of Multidisciplinary Healthcare*, 14, 91–102.
<https://doi.org/10.2147/JMDH.S278479>
- Mosleh, S., Alnajar, M., & **Almalik M.** (2021) Nurses' perceived knowledge and benefits of artificial nutrition and hydration for patients nearing death: A survey among Jordanian nurses. *European Journal of Cancer Care*, 00:e13394.
<https://doi.org/10.1111/ecc.13394>
- Alnuaimi, K, & **Almalik M.** (2021) Sexual educational needs of Jordanian women after giving birth. *Birth*, 48 (1), 52-60. <https://doi.org/10.1111/birt.12509>
- Alnuaimi, K, Obeisat, S. **Almalik M.**, Ali, R. & Alshraifeen, A. (2020) A Phenomenological Study of Jordanian Women's Experience of Sexual Intercourse after Giving Birth. *Midwifery*, 88. <https://doi.org/10.1016/j.midw.2020.102761>
- Alnuaimi, K, **Almalik M.**, Mrayan, L. Mohammed, K. Ali, R. & Alshraifeen, A. (2020) (2020) Resumption of Sexuality and Health Education in Postpartum Period: From Jordanian Health Care Professionals' Perspectives. *Journal of Sex & Marital Therapy*, 46 (7), 639-648.
<https://doi.org/10.1080/0092623X.2020.1769242>
- Al Tarawneh, T., Shoaqir, N. & **Almalik, M.** (2020) "Being relieved and puzzled": A qualitative study of first-time fathers' experiences postpartum in Jordan. *Women and Birth*, 33, e320-e325. <https://doi.org/10.1016/j.wombi.2019.07.006>
- Khreshah, R., **Almalik, M.**, Owies, A. & Barclay, L. (2018) Implementation of a childbirth preparation program in the Maternal and Child Health centres in Jordan. *Midwifery*, 61, 1-7.
- Almalik, M. M.A.**, Mosleh, S.M., & Almasarweh, I.S. (2018) Are Users of Modern and Traditional Contraceptive Methods in Jordan Different?. *Eastern Mediterranean Health Journal*, 24 (4), 377-384.
- Almalik, M. M.A.** (2017). Understanding Maternal Postpartum Needs: A Descriptive Survey of Current Maternal Health Services. *Journal of Clinical Nursing*, 1-10.
- Almalik, M. M.A.**, & Mosleh, S. M. (2017). Pregnant Women: What Do They Need To Know During Pregnancy? A Descriptive Study. *Women and Birth*. 30, 100-106.
- Mosleh, S. M., Eshah N.F., & **Almalik, M. M.A.** (2017). Perceived Learning Needs According to Patients Who Have Undergone Major Coronary Interventions and Their Nurses. *Journal of Clinical Nursing*, 26 (3-4), 418-426.
- Mosleh, S. M., & **Almalik, M. M.A.** (2016). Illness Perception and Adherence to Healthy Behaviour in Jordanian Coronary Heart Disease Patients. *European Journal of Cardiovascular Nursing*, 15(4), 223-230.
- Almalik, M.**, Kiger, A. and Tucker, J. (2010) "What Did She Say? What Did She Say?" The Impact of Interpretation on Recruiting and Interviewing European Migrant Women in The United Kingdom. *International Journal of Qualitative Methods*, 9 (3), 252-269.

Conferences

1. The 3rd International Scientific Nursing Conference, "Towards Improving Quality of Health Care". Philadelphia University, Jordan. April 2024.
2. The 5th Nursing Scientific Day, "Nursing Innovation: The Roadmap for Future Leaders". Princess Muna College of Nursing, Jordan. September 2023.
3. Third International Multi-Conference, "Advances in Science and Engineering Technology/ASET'2020". Dubai, UAE. February 2020. **(Poster competition Judge)**
4. Second Emirati Nursing Conference, Dubai, UAE. May 2019. **(Participant)**
5. The 4th RAKCON Scientific Nursing Conference, "Global Advancement and Innovations in Nursing". UAE. February 2019.
6. The 10th scientific day, "Clinical Nursing: Rhetoric, Reality and Future Opportunities". Mutah University, Al-Karak, Jordan. April 2018.
7. International nursing conference, "Improving Clients Outcomes Through Implications of Scientific Evidence". Zarqa University, Zarqa, Jordan. April 2016. **(Participant)**
8. The 5th International Nursing Conference, "Transforming quality nursing care: Promise and potential". Jordanian Nursing Council, Amman, Jordan, April 2015. **(Participant)**
9. The 8th scientific day, "Women and Child Health: Safe Life Journey". Mutah University, Al-Karak, Jordan. April 2014. **(Coordinator)**
10. The first scientific day. Al-karak government hospital. Al-Karak, Jordan. January 2014. **(Participant)**
11. The 4th international nursing conference, "The tipping point: creative solutions to health and nursing challenges". Jordanian nursing council, Amman, Jordan. April 2013. **(Participant)**
12. Scientific day, "Enhancing the quality of nursing care", University of Jordan, Amman, Jordan. June 2012. **(Participant)**
13. The 7th Scientific day, "Nursing participation in education, research and health services", Mutah University, Al-Karak, Jordan. April 2012. **(Participant)**
14. Training course "Advanced wound management". Mutah University, Al-Karak, Jordan. April 2012. **(Participant)**
15. Training course "Using Moodle as a learning Management System". Mutah University, Al-Karak, Jordan. April 2011. **(Participant)**
16. **Almalik, M.** and Kiger, A. (2009) "A comparative evaluation of postnatal care for migrant and UK-born women". The 10th annual European Doctoral Conference of Nursing Science, Graz, Austria. **(Presenter)**
17. **Almalik, M.,** Kiger, A. and Tucker, J. (2009) "A comparative evaluation of postnatal care for migrant and UK-born women". North of Scotland Maternity Services Group's Birth Choices Conference, Aberdeen, UK. **(Poster presentation)**

