

Zainah G. Assaf

Public Health Specialist

Contact

Phone: +962799960311

Address: Amman- Jordan

Email: zainagassaf@gmail.com

Objective

A highly motivated Public Health specialist with an MPH and a B.Pharm certified in Project Management and Monitoring & Evaluation. Bringing a strong background in writing proposals, managing health projects, and running international health training programs. Aiming to leverage my expertise in public health initiatives, project management, and collaboration to contribute to impactful health outcomes within a dynamic organization.

Skills & Abilities

- Communication & presentation
- Problem-solving & analysis
- Proposal & grant writing
- Public health project management
- Team collaboration
- Research & program planning
- Partnerships & Accreditation
- Bilingual: Arabic & English

Experience

**Technical Lead – Communication and Coordination
Center for Health Workforce Development RAKMHSU, United
Arab Emirates- April 2025- Present**

Responsible for leading the coordination and communication of regional and international training, research, and technical service initiatives. Oversaw the design, planning, and execution of professional and academic projects in alignment with institutional goals. Managed stakeholder engagement across multidisciplinary teams and ensured effective collaboration with external partners.

Key functions included:

- Leading high-level communication strategies across technical and academic teams
- Coordinating multi-partner projects, MoUs, and institutional events
- Supporting curriculum-related activities and academic service operations
- Ensuring administrative, digital, and operational alignment across project portfolios
- Representing the institution in regional partnerships and international forums

Technical Officer

International Academy of Public Health (IAPH) / Eastern Mediterranean Public Health Network (EMPHNET) Amman, Jordan | 2021 – Feb 2025

Managed communication, workshop preparations, and training needs assessments for the frontline Field Epidemiology Training Program (FETP) in Saudi Arabia and Jordan. Led health projects from initiation to execution, including proposal development, training coordination, partnership oversight, and international accreditation processes. Facilitated partnerships, managed project MoUs, and organized governance meetings for IAPH, ensuring seamless project implementation.

Consultancy

Independent Consultant Amman, Jordan | 2019 – 2020

- Assisted in enhancing thesis quality and conducting data analysis for master's students.

Community Pharmacist

Al Hmouz Pharmacy Amman, Jordan | 2017 – 2019

Provided patient counseling on medication use and health concerns, managed pharmacy inventory to ensure timely procurement, and maintained compliance with pharmacy regulations and industry standards.

Inpatient Pharmacist

Gardens Hospital Amman, Jordan | 2015 – 2016

Collaborated with healthcare providers to ensure appropriate medication management, counseled patients on medication use and potential side effects, and prepared, dispensed, and monitored medications in compliance with hospital policies and regulations.

Community Pharmacist

Pharmacy One Amman, Jordan | 2015 –2015

Provided patient counseling on medications and health concerns, managed pharmacy inventory to ensure timely ordering, and maintained a safe, clean pharmacy environment in compliance with industry standards.

Medical Representative

Medicinal/Pharmatrade Dubai, UAE| 2012 – 2013

Promoted pharmaceutical products to healthcare professionals, conducted product presentations and training sessions for healthcare providers, and monitored market trends and competitors' activities, providing timely feedback to management.

Education

Master of Public Health (MPH)

University of Jordan Amman, Jordan | 2020

Conducted research on maternal and child health, contributing to a publication on the impact of bariatric surgery on birth outcomes among Jordanian women. This research provided insights into the implications of surgical interventions on reproductive health, leading to a peer-reviewed publication in Sage Open Medicine.

Publications "Knowledge of Jordanian women of reproductive age who underwent bariatric surgery and its effect on birth outcomes: A cross-sectional study" Sage Open Medicine, 2023.

Bachelor of Pharmacy (B.Pharm)

University of Sharjah United Arab Emirates | 2012

Gained a strong foundation in pharmaceutical sciences, pharmacology, and patient care. Developed expertise in medication management, clinical pharmacy practices, and regulatory compliance. Engaged in practical training programs, enhancing skills in prescription analysis, drug interactions, and counseling patients on medication use.

Volunteer Experience

Smart Dubai United Arab Emirates | 2012 – 2012

- Participated in school awareness programs focused on public health education.
- Assisted in organizing health screenings and conducting educational workshops.

Professional Training

- PMD Pro Certified | Sep 2022
- MEAL DPro Certified | Jan 2023